


1 MOVE



An aerial photograph of a playground. In the center, a child in an orange shirt and blue shorts is jumping on a large, rectangular sandpit. The sandpit is surrounded by a wooden deck. To the right of the sandpit, there are two green square structures with a grid pattern. The playground is surrounded by a paved area with a mix of light and dark tiles. There are several trees and bushes scattered around the playground. A speech bubble is overlaid on the left side of the image, containing the text "I found my centre of the Universe!".

I found my
centre of the
Universe!

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1Move is not just a company; it's a vibrant mixture of creativity and passion. Our story began in 2014 when one of our own inspired our founder with a vision. This spark ignited years of collective experience and unwavering trust, culminating in the birth of a new economic entity that continues to evolve to this day.

1Move is more than just a workplace; it's a community of young, passionate individuals driven by a shared enthusiasm for their craft. Our team comprises specialists who possess an innate ability to discern and cater to user needs. Armed with this insight, we design cutting-edge equipment and construct exercise areas that seamlessly blend functionality and safety. Our commitment is not limited to conceptualization; it extends to turning dreams into tangible achievements. At **1Move**, we pour our hearts and souls into bringing our innovative ideas to life while

helping others realize their fitness dreams.

As we forge ahead, our dedication to innovation and excellence remains unwavering, ensuring that 1Move continues to be a driving force in the world of fitness and well-being.

Marek Starczewski – Co-Founder

Pawel Bogusz – CEO & Co-Founder

**INNOVATION
INDIVIDUAL
APPROACH
EXPERIENCE
CREATIVITY
FLEXIBILITY
PASSION
OPPENNNESS**



SPECIAL MARKINGS

This catalog has been designed with your convenience in mind. For this reason, we have developed a special marking system for the


technical parameters of our products listed in the catalogue. The individual special designations with descriptions are shown below.

- | | | | |
|--|----------------------------------|---|-----------------------------|
|  ST | Performance standards |  | Safe area dimensions |
|  | Device dimensions |  | Free fall height |
|  | The area of the safe zone |  | Execution standard |
|  | Maximum number of users |  | Inclusive device |

GUARANTEE

-  We guarantee 10 years for the strength of structural steel parts and stainless steel elements.
-  5 years for the strength of elements made of HPL boards, corrosion resistance of elements made

of stainless steel, hot-dip galvanized steel and powder coated.

-  3 years for the durability of elements made of plywood, plastic and rubber, powder-coated black steel.



NINJA COURSES

A labyrinth of steel, wood, and rope. Each element is a guardian who tests the warrior's spirit!



Oh, what an explosive start!
A tightrope over the abyss –
every step is a game with destiny!



Balance it's
a gravity flirt –
she pulls down
and I dance
over her head.



Just effortless for him ... he
moves like a spider! Amazing!



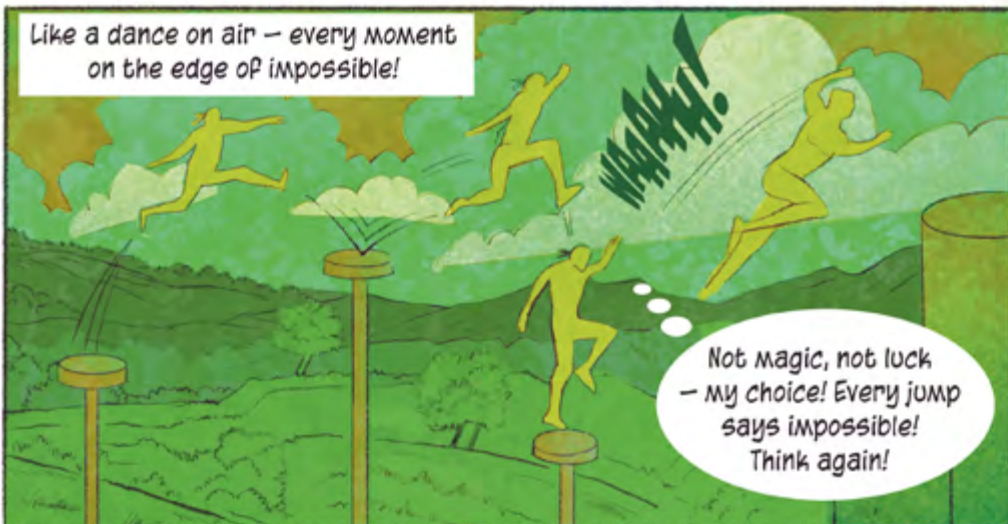
The web
is the map,
and I know
the way!



Ladies and gentlemen,
meet the master
of the iron grip!

Monkey bars! The ultimate
test of strength! Every
move – pure control!

Like a dance on air – every moment
on the edge of impossible!



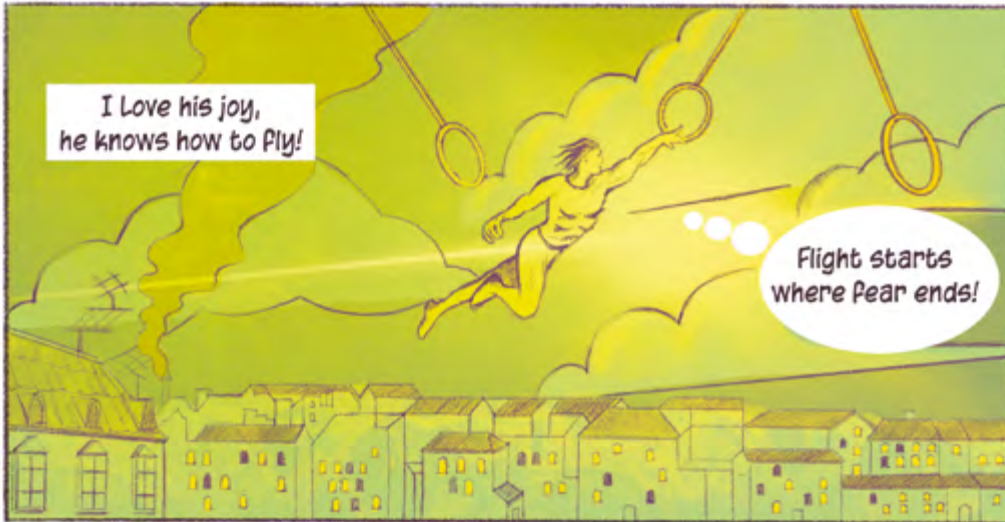
Not magic, not luck
– my choice! Every jump
says impossible!
Think again!





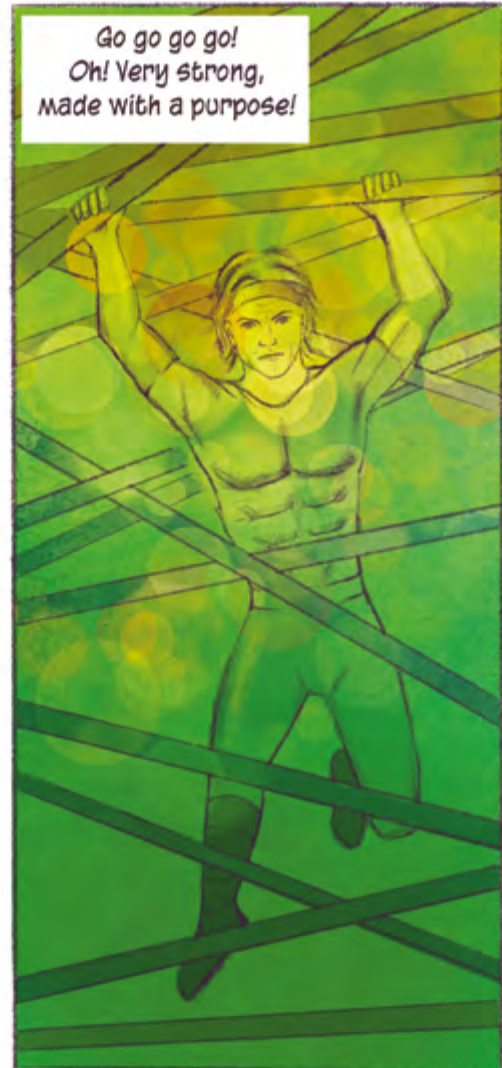
Wow! Swaggy Ninja!

A wall is just a vertical test of how high my will can reach!



I Love his joy, he knows how to fly!

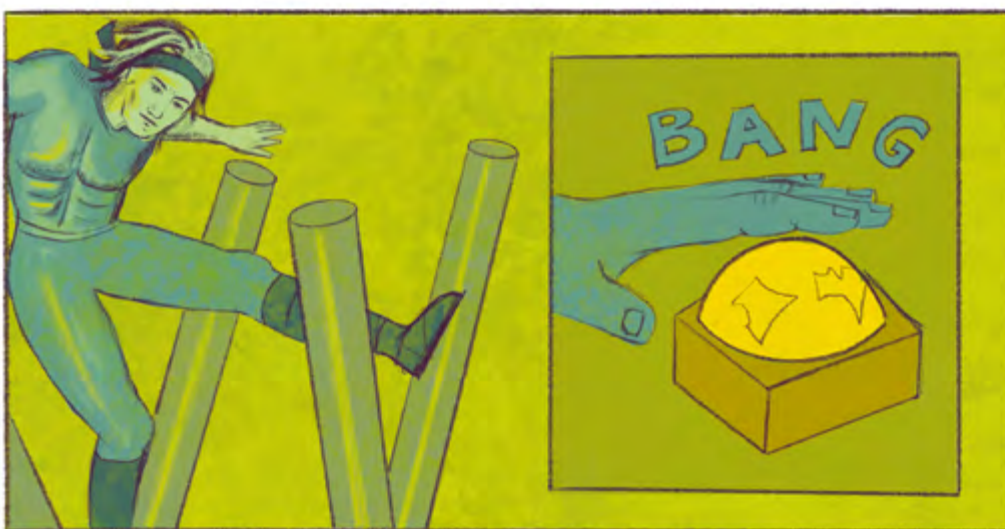
Flight starts where fear ends!



Go go go go!
Oh! Very strong, made with a purpose!



Great technique! Nobody has better body movement!

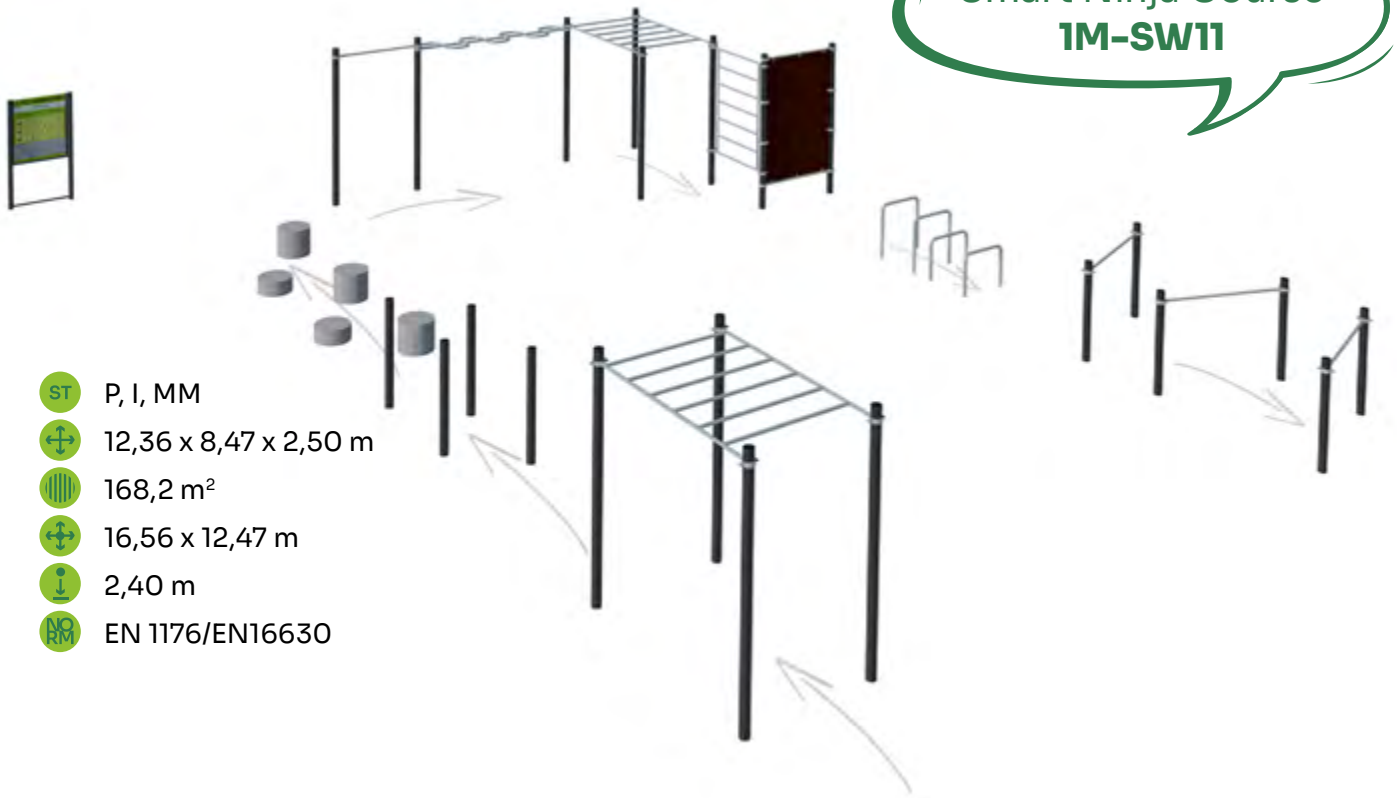








Yes!!! He did it! Masterclass of strenght, balance and willpower!

Limits were only an illusion. Now I'm the one who makes them!

READY SETS:

Smart Ninja Course
1M-SW11



-  P, I, MM
-  12,36 x 8,47 x 2,50 m
-  168,2 m²
-  16,56 x 12,47 m
-  2,40 m
-  EN 1176/EN16630

Performance standard:

P

I

C

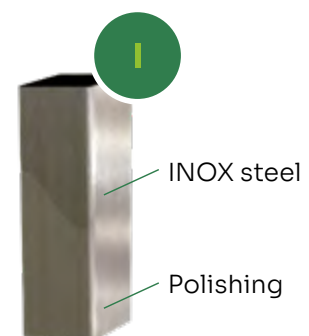
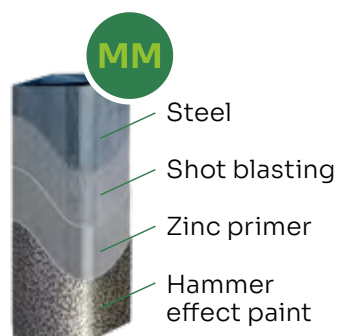
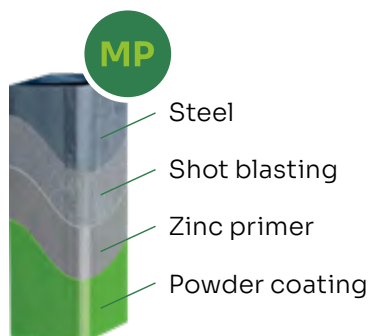
MM

MP Powder-coated, zinc primer posts and construction of obstacles, hot-dip galvanized (without painting) bars and exercises elements, wall obstacles made of non-slip and waterproof plywood plates, SBR cylinders.




C Plates of wall obstacles made of gray, non-slip and waterproof plywood/solid polycarbonate with street-art graphics.

I Inox stainless steel structure, wall obstacles made of non-slip and waterproof plywood/ HPL plates, SBR/EPDM cylinders.

MM Posts made of premium steel painted with hammer paint.






Module NC-4
1M-NC4

-  MP, MM, I, C
-  3,21 x 1,45 m
-  EN16899/EN1176






High rubber cylinders
P-M5

-  MP, MM, I, C
-  0,4 x 0,4 m
-  EN16899/EN1176






Module NC-5
1M-NC5

-  MP, MM, I, C
-  2,13 x 1,35 m
-  EN16899/EN1176






Module NC-6
1M-NC6

-  MP, MM, I, C
-  2,56 x 1,36 m
-  EN16899/EN1176






Module NC-7
1M-NC7

-  MP, MM, I, C
-  1,31 x 0,16 m
-  EN16899/EN1176



Module NC-8
1M-NC8

-  MP, MM, I, C
-  1,59 x 2,06 m
-  EN16899/EN1176



Module NC-9
1M-NC9



- MP, MM, I, C
- 1,36 x 2,10 m
- EN16899/EN1176

Module NC-10
1M-NC10



- MP, MM, I, C
- 1,31 x 2,13 m
- EN16899/EN1176

Module NC-11
1M-NC11



- MP, MM, I, C
- 0,17 x 2,51 m
- EN16899/EN1176

Module NC-12
1M-NC12



- MP, MM, I, C
- 1,37 x 2,51 m
- EN16899/EN1176

Module NC-13
1M-NC13

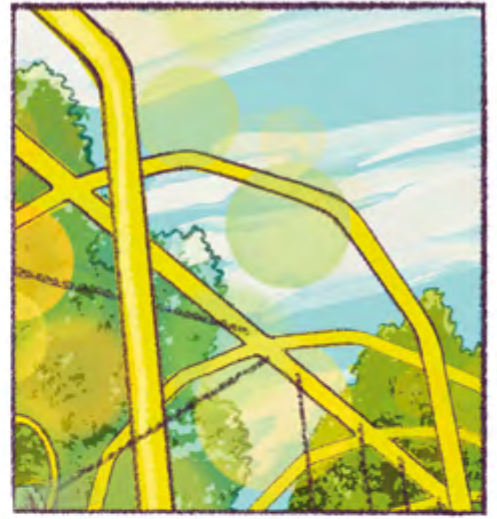


- MP, MM, I, C
- 2,19 x 1,81 m
- EN16899/EN1176



It's not a track.
This is my kingdom!
I'm going into
lightning mode!

SKY RINGS



Nowadays, planning public space more and more often requires us to look for innovative solutions. Creating places that will be attractive and unique at the same time. Spaces that build local communities. What combines all these features is Sky Rings.

Sky Rings is a set of several to even dozen pairs of gymnastic rings suspended on a steel structure that resembles a large swing for children. The whole thing is configured in such a way that it allows users to move between the wheels using a combination of arm pulls, leg swings and spins. The uniqueness of the gymnastic ring track is due to its instability and mobility. Because the rings hang independently and swing from a long chain, they can move in any direction. This instability encourages our neuromuscular system to develop new areas that provide joint stability, overall balance and develop better body coordination. Using the rings in this way

requires an integration of coordination, balance and strength that is almost impossible to achieve on other training equipment.

Great fun, both alone and as a duo

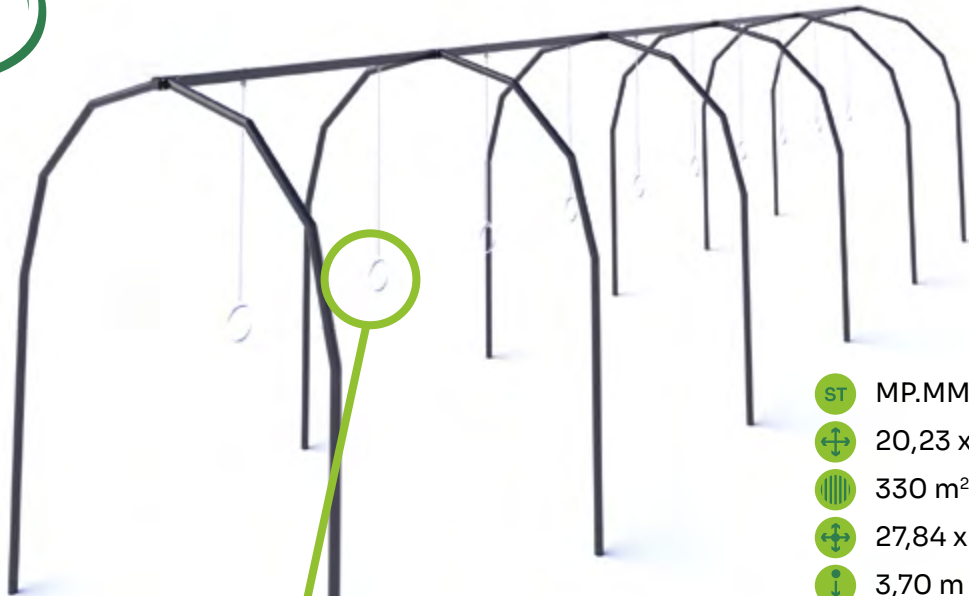
perfectly builds and strengthens the upper body parts

encourages our neuromuscular system to develop new areas

develops joint stability, overall balance and better body coordination

can be a passionate challenge for many months.

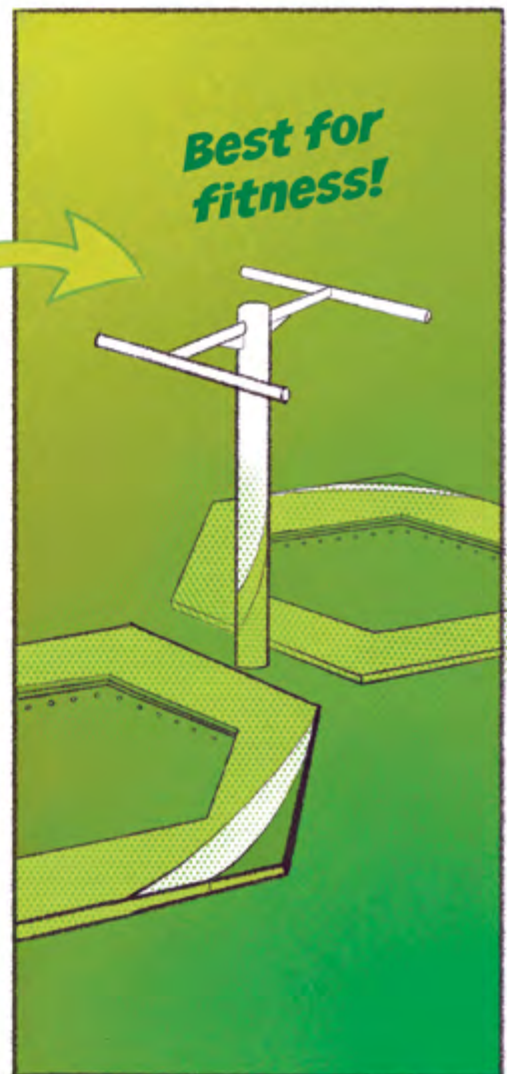
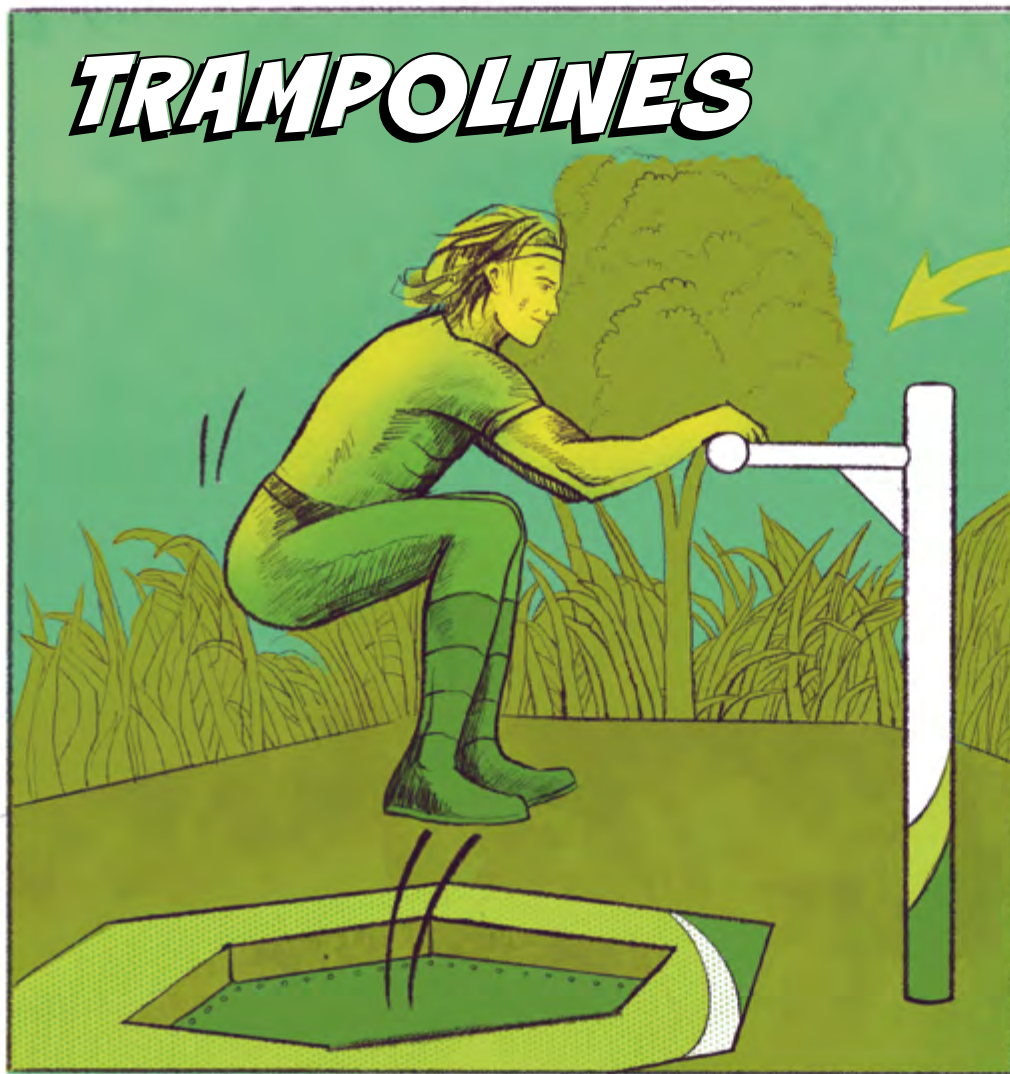
Sky Rings
1M-SW-SR



- ST MP.MM.I
- ⊕ 20,23 x 4,28 x 5,0 m
- ▨ 330 m²
- ⊕ 27,84 x 9,58 m
- Ⓜ 3,70 m
- RM EN 16630



TRAMPOLINES



Here you can be anything
- even a flying pancake ;)

I'm Superman!
I'm going to save
the world! Rescue me!

Ehh... I guess
I am... a pancake
after all

No, no...
I'm a chicken!
Ko-ko-kooo!



WOW!

COOL!

Nooo, it's supercool!



Ramp for wheelchair



Jump in to the fairytale :)



I would rather be a Pippi Balerina than a pancake with marmalade!



Nowadays, if we want to create an inviting public space that will meet the needs of residents, we must use modern and unusual solutions. If you are looking for play equipment that will increase the attractiveness of your investment, an inground trampoline is a good choice.

Outdoor trampolines are not only an excellent element of the playground, they are well suited to parks, schools and sports facilities. Single equipment can be used to create larger sets or trampoline parks. Our products are character-

ized by high durability and are manufactured so that they can be used all year round.

The rapid development of civilization is associated with unfavorable, especially for children, such phenomena as obesity or a sedentary lifestyle. Trampolines help to solve this problem by enabling physical exercise through play. Contrary to popular opinion, this product is not just for children. Make sure that the inhabitants of your town or housing estate can provide their children and themselves a lot of fun!

OUR SOLUTIONS:

The shock-absorbing surface – it is made of a proprietary blend of EPDM – many times more durable than SBR. The uniform material is directly poured on the mat structure, which ensures its better adhesion than in the case of spot gluing of the finished panels.

Dedicated packaging – if necessary, our equipments are packed in boxes suitable for sea or road transport in accordance with the requirements of overseas transport.

Structural elements of the mat are made of stainless steel, ensuring their resistance to corrosion.

Spare parts – permanent stock of most spare parts, shipped within two days of ordering.

Springs – designed and manufactured especially for our trampolines. Their durability is confirmed not only by tests, but also many years of trouble-free use.

New!!! Membrane mats. Easy to service, retain dirt, low-failure, and trouble-free.

Stainless steel springs – an additional option for locations in corrosive environments.

The jumping mat made of V-bricks, featuring a special shape that prevents the trampoline from contamination and simplifies its maintenance.







KIDS ZONE



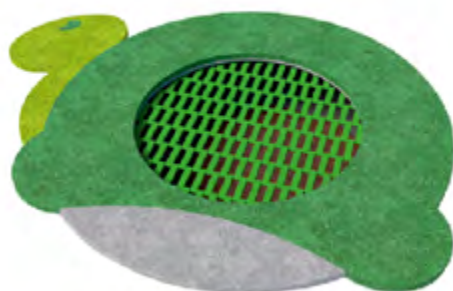
JUMPING AREA




Dolphin
1M-T-DE



-  Ø 0,84 m
-  Ø 1,49 m
-  11,60 m²
-  Ø 3,84 m
-  0,90 m
-  EN 1176

Turtle
1M-T-TU






-  Ø 0,84 m
-  Ø 1,49 m
-  11,60 m²
-  Ø 3,84 m
-  0,90 m
-  EN 1176

Have fun







Dog
1M-T-DO



-  Ø 0,84 m
-  Ø 1,49 m
-  11,60 m²
-  Ø 3,84 m
-  0,90 m
-  EN 1176

Panda
1M-T-PA



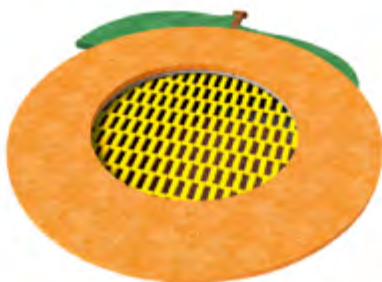
-  Ø 0,84 m
-  Ø 1,49 m
-  11,60 m²
-  Ø 3,84 m
-  0,90 m
-  EN 1176

Frog
1M-T-FR



- Ø 0,84 m
- Ø 1,49 m
- 11,60 m²
- Ø 3,84 m
- 0,90 m
- EN 1176

Tangerine
1M-T-TA



- Ø 0,84 m
- Ø 1,49 m
- 11,60 m²
- Ø 3,84 m
- 0,90 m
- EN 1176

Apple
1M-T-AP



- Ø 0,84 m
- Ø 1,49 m
- 11,60 m²
- Ø 3,84 m
- 0,90 m
- EN 1176

KIDS
ZONE

Pear
1M-T-PE



- Ø 0,84 m
- Ø 1,49 m
- 11,60 m²
- Ø 3,84 m
- 0,90 m
- EN 1176

Lemon
1M-T-LE



- Ø 0,84 m
- Ø 1,49 m
- 11,60 m²
- Ø 3,84 m
- 0,90 m
- EN 1176

Inclusive Trampoline
1M-T150IN

Ramp for
wheelchair

Finally,
something
for me!

-  1,53 x 1,55 m
-  2,87 x 2,05 x 0,45 m
-  35,77 m²
-  7,05 x 5,55 m
-  0,90 m
-  EN 1176



A wide, gentle ramp allowing wheelchair users to enter and exit independently.

User-tested by wheelchair users for accessibility.

Large size, allowing a wheelchair to turn around and exit forwards or backwards.

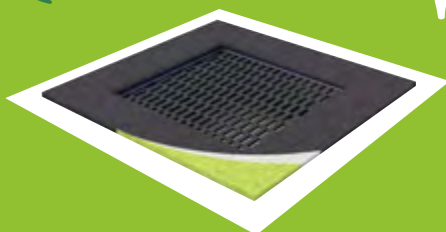
NEW !

Non-slip mat with no risk of wheels sinking.

Designed with inclusive playground experts.

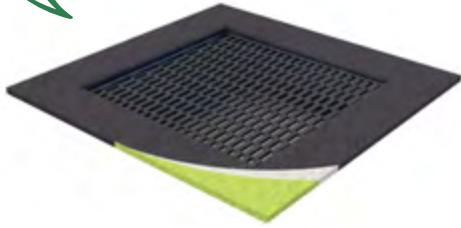
Mini Trampoline
1M-T80S

Choose small trampolines. They are cheaper and safer, because they only fit one child.



- | | |
|--|---|
|  0,84 x 0,84 m |  3,85 x 3,85 m |
|  13,5 x 13,5 x 0,35 m |  0,90 m |
|  12,90 m ² |  EN 1176 |

Small Trampoline 1M-T100S

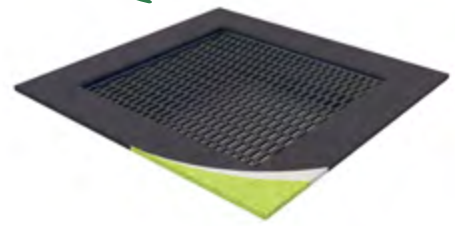


✕ 1,04 x 1,04 m	✚ 4,04 x 4,04 m
✚ 1,55 x 1,55 x 0,45 m	↓ 0,90 m
▨ 14,40 m ²	Ⓝ EN 1176



EPDM surface ensure tall safety during jumping

Medium Trampoline 1M-T125S

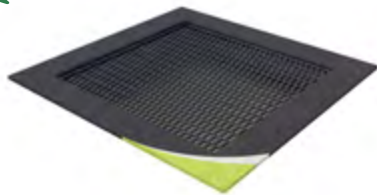


✕ 1,29 x 1,29 m	✚ 5,29 x 5,29 m
✚ 1,80 x 1,80 x 0,45 m	↓ 0,90 m
▨ 23,10 m ²	Ⓝ EN 1176



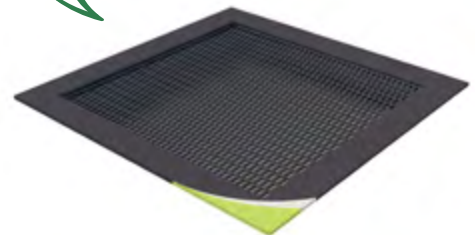
Increased corrosion resistance – stainless steel ropes and fittings

Big Trampoline 1M-T150S



✕ 1,54 x 1,54 m	✚ 5,54 x 5,54 m
✚ 2,05 x 2,05 x 0,45 m	↓ 0,90 m
▨ 27,30 m ²	Ⓝ EN 1176

Huge Trampoline 1M-T200S



✕ 2,04 x 2,04 m	✚ 6,04 x 6,04 m
✚ 2,55 x 2,55 x 0,45 m	↓ 0,90 m
▨ 33,20 m ²	Ⓝ EN 1176

Square Crater Trampoline 1M-T100RS



✕ Ø 1,00 m	✚ Ø 4,01 m
✚ 1,55 x 1,55 x 0,45 m	↓ 0,90 m
▨ 12,60 m ²	Ⓝ EN 1176

Big Square Crater Trampoline 1M-T150RS



✕ Ø 1,50 m	✚ Ø 5,56 m
✚ 2,18 x 2,18 x 0,45 m	↓ 0,90 m
▨ 27,30 m ²	Ⓝ EN 1176

Small Square Crater Trampoline
1M-T80RS



- Ø 0,84 m
- 1,35 x 1,35 x 0,45 m
- 11,30 m²
- Ø 3,80 m
- 0,90 m
- EN 1176

Hexagonal
1M-T100H



- 1,90 x 0,94 m
- Ø 4,09 m
- 14,40 m²
- 16,80 x 14,50 m
- 0,90 m
- EN 1176



Long use ensures extremely durable matstroke and thick springs

Small Crater Trampoline
1M-T80R



Teenagers and adults also like to jump

- Ø 0,84 m
- Ø 1,49 m
- 11,60 m²
- Ø 3,84 m
- 0,90 m
- EN 1176

Crater Trampoline
1M-T100R



- Ø 1,04 m
- Ø 1,71 m
- 12,80 m²
- Ø 4,04 m
- 0,90 m
- EN 1176



Lifetime warranty for goodhaving fun and jumping!

Big Crater Trampoline
1M-T150R



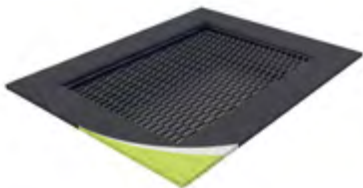
- Ø 1,57 m
- Ø 2,28 m
- 24,30 m²
- Ø 5,57 m
- 0,90 m
- EN 1176

Rectangle Trampoline
1M-T150 x 200



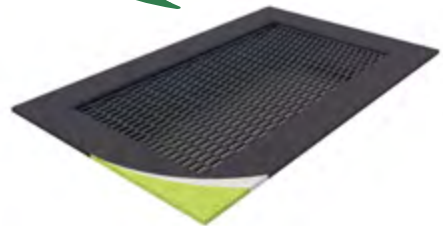
- 1,04 x 1,54 m
- 1,55 x 2,05 x 0,45 m
- 24,50 m²
- 5,54 x 5,05 m
- 0,90 m
- EN 1176

Rectangle Mini Trampoline
1M-T100 x 150



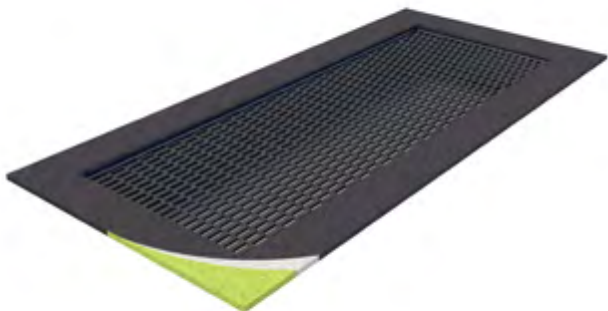
- ✕ 1,04 x 1,54 m
- ✚ 5,54 x 5,05 m
- ✚ 1,55 x 2,05 x 0,45 m
- Ⓜ 0,90 m
- Ⓜ 24,50 m²
- Ⓜ EN 1176

Rectangle Small Trampoline
1M-T100 x 200



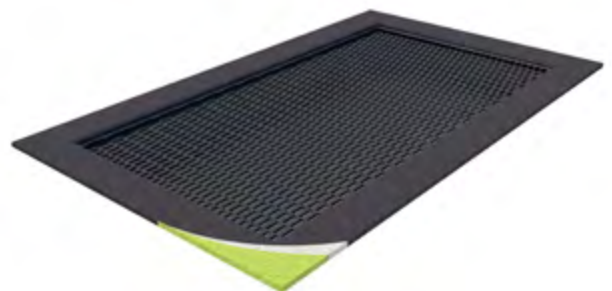
- ✕ 1,04 x 2,04 m
- ✚ 6,05 x 5,05 m
- ✚ 1,55 x 2,55 x 0,45 m
- Ⓜ 0,90 m
- Ⓜ 27,00 m²
- Ⓜ EN 1176

Rectangle Medium Trampoline
1M-T100 x 300



- ✕ 1,04 x 3,04 m
- ✚ 7,04 x 5,05 m
- ✚ 1,55 x 3,55 x 0,45 m
- Ⓜ 0,90 m
- Ⓜ 32,10 m²
- Ⓜ EN 1176

Rectangle Trampoline
1M-T150 x 300



- ✕ 2,05 x 1,55 m
- ✚ 6,05 x 5,55 m
- ✚ 2,55 x 2,05 x 0,45 m
- Ⓜ 0,90 m
- Ⓜ 30,17 m²
- Ⓜ EN 1176

Rectangle Long Trampoline
1M-T100 x 400

- ✕ 4,0 x 1,04 m
- ✚ 8,01 x 5,04 m
- ✚ 4,52 x 1,55 x 0,45 m
- Ⓜ 0,90 m
- Ⓜ 36,90 m²
- Ⓜ EN 1176

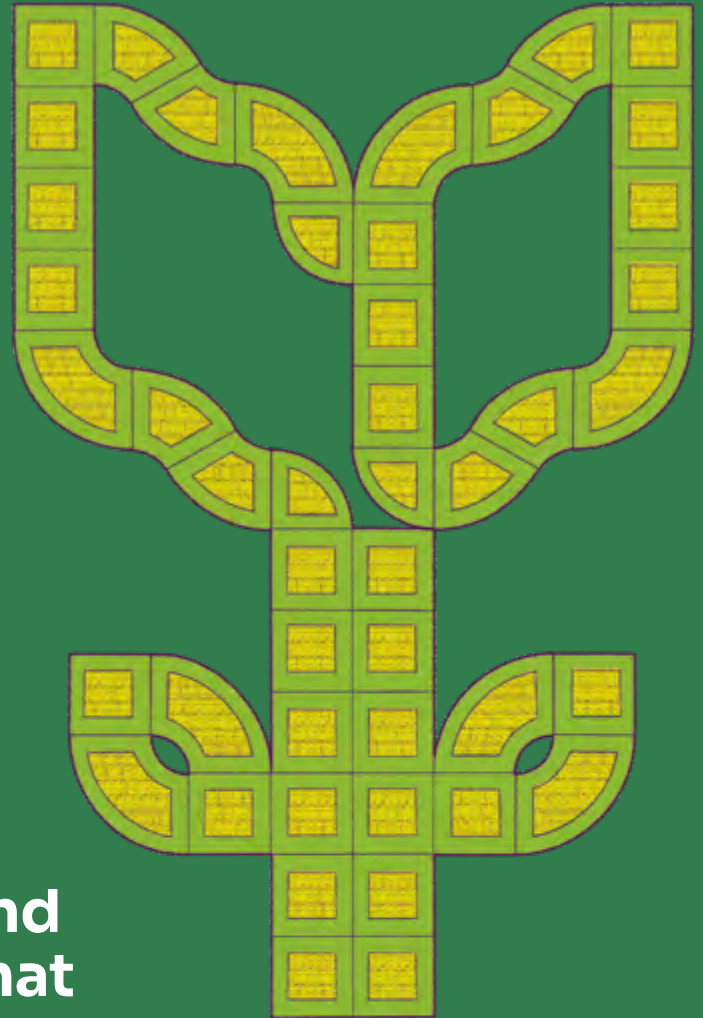
HA HA HA HA HA



Do you need a custom trampoline set?

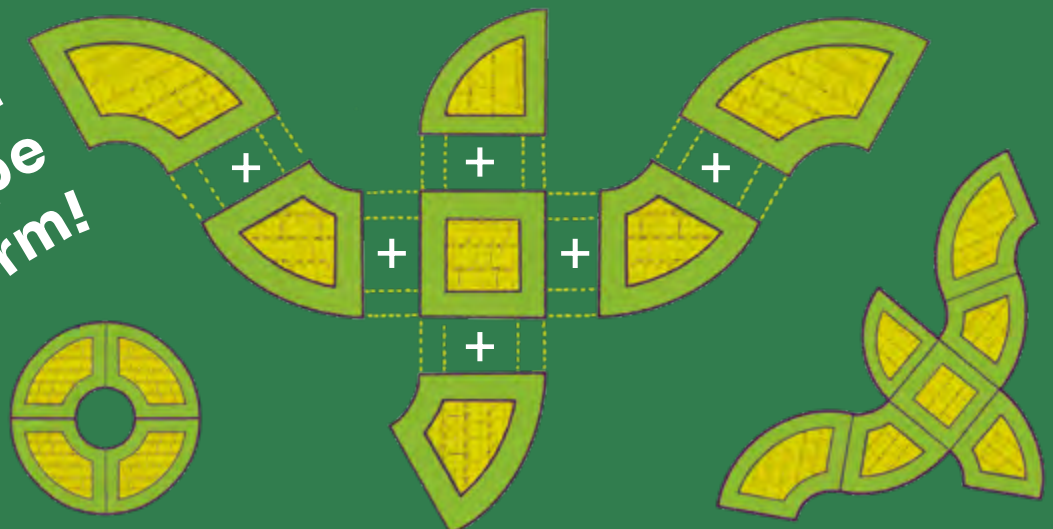
We will design any set in any color scheme and graphic theme.

Only imagination
is the limit:)









And
what
is your
wish?

Play with
the shape
and form!








Set "Kangaroo"
1M-Set 3V



-  7,25 x 1,05 m
-  10,25 x 4,05 m
-  7,75 x 1,55 x 0,45 m
-  0,90 m
-  39,5 m²
-  EN 1176







Set "Flea"
1M-Set 4V



-  2,59 x 2,59 m
-  5,59 x 5,59 m
-  3,10 x 3,10 x 0,45 m
-  0,90 m
-  27,5 m²
-  EN 1176







Set "Monkey"
1M-Set 6V



-  7,25 x 2,59 m
-  10,25 x 5,59 m
-  7,75 x 3,09 x 0,45 m
-  0,90 m
-  55,5 m²
-  EN 1176







Set "Bunny"
1M-Set 7V



-  7,25 x 4,14 m
-  10,25 x 7,14 m
-  7,75 x 4,64 x 0,45 m
-  0,90 m
-  55,9 m²
-  EN 1176







Set "Big Flea"
1M-Set 8V



-  4,14 x 4,14 m
-  7,14 x 7,14 m
-  4,64 x 4,64 m x 0,45 m
-  0,90 m
-  49,10 m²
-  EN 1176

Set "Frog"
1M-Set 9V



-  7,25 x 7,25 m
-  10,25 x 10,25 m
-  7,75 x 7,75 m x 0,45 m
-  0,90 m
-  103 m²
-  EN 1176

I like to jumping around

Set "Eight"
1M-Set 13V



- 7,25 x 7,25 m
- 10,25 x 10,25 m
- 7,75 x 7,75 x 0,45m
- 0,90 m
- 82,9 m²
- EN 1176

Set "Rattlesnake"
1M-Set 17V



- 10,35 x 7,25
- 13,35 x 10,24 m
- 10,85 x 7,75 x 0,45 m
- 0,90 m
- 111,7 m²
- EN 1176

Set "Kangaroo field"
1M-Set 24V



- 11,90 x 5,70 m
- 14,90 x 8,70 m
- 12,40 x 6,21 x 0,45 m
- 0,90 m
- 127,8 m²
- EN 1176

Set "Course"
1M-Set 26V



- 4,90 x 0,84 m
- 7,90 x 3,84 m
- 5,41 x 1,35 x 0,45m
- 0,90 m
- 28,44 m²
- EN 1176

Set "Square"
1M-Set 27V



- 2,20 x 2,20 m
- 5,20 x 5,20 m
- 2,71 x 2,71 x 0,45 m
- 0,90 m
- 25,12 m²
- EN 1176

Set "Rectangle"
1M-Set 28V



- 3,54 x 2,20 m
- 6,55 x 5,20 m
- 4,06 x 2,71 x 0,45 m
- 0,90 m
- 30,62 m²
- EN 1176

Set "Honeycomb"
1M-Set 29V



- 2,35 x 2,40 m
- 5,34 x 5,34 m
- 2,94 x 2,91 x 0,45 m
- 0,90 m
- 22,93 m²
- EN 1176

Set "Hexa"
1M-Set 30-4V



- 4,91 x 1,67 m
- 7,87 x 4,67 m
- 5,46 x 2,18 x 0,45 m
- 0,90 m
- 30,59 m²
- EN 1176

Set "Hexa"
1M-Set 31-6V



- 6,76 x 3,61 m
- 7,27 x 4,19 x 0,45 m
- 42,51 m²
- 9,90 x 6,61 m
- 0,90 m
- EN 1176

Set "Flower"
1M-Set 32V



- 3,65 x 3,86 m
- 4,20 x 4,36 x 0,45 m
- 36,11 m²
- 6,61 x 6,86 m
- 0,90 m
- EN 1176

Set "Circle"
1M-Set 33V



- 3,30 x 3,30 m
- 3,80 x 3,80 x 0,45 m
- 31,17 m²
- 6,30 x 6,30 m
- 0,90 m
- EN 1176

Set "Circle"
1M-Set 34V



- 3,30 x 3,30 m
- 3,80 x 3,80 x 0,45 m
- 31,17 m²
- 6,30 x 6,30 m
- 0,90 m
- EN 1176

*2 colour »
« versions*

Set "Kangaroo"
1M-Set 3G



- 7,25 x 1,05 m
- 7,75 x 1,55 x 0,45 m
- 39,5 m²
- 10,25 x 4,05 m
- 0,90 m
- EN 1176

Set "Flea"
1M-Set 4G



- 2,59 x 2,59 m
- 3,10 x 3,10 x 0,45 m
- 27,5 m²
- 5,59 x 5,59 m
- 0,90 m
- EN 1176

Set "Monkey"
1M-Set 6G



- 7,25 x 2,59 m
- 7,75 x 3,09 x 0,45 m
- 55,5 m²
- 10,25 x 5,59 m
- 0,90 m
- EN 1176







Set "Bunny"
1M-Set 7G



- 7,25 x 4,14 m
- 7,75 x 4,64 x 0,45 m
- 55,9 m²
- 10,25 x 7,14 m
- 0,90 m
- EN 1176







Set "Big Flea"
1M-Set 8G



-  4,14 x 4,14 m
-  4,64 x 4,64 m x 0,45 m
-  49,10 m²
-  7,14 x 7,14 m
-  0,90 m
-  EN 1176







Set "Frog"
1M-Set 9G



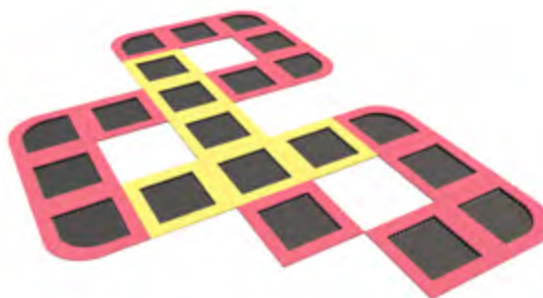
-  7,25 x 7,25 m
-  7,75 x 7,75 m x 0,45 m
-  103 m²
-  10,25 x 10,25 m
-  0,90 m
-  EN 1176







Set "Eight"
1M-Set 13G



-  7,25 x 7,25 m
-  7,75 x 7,75 x 0,45m
-  82,9 m²
-  10,25 x 10,25 m
-  0,90 m
-  EN 1176




Set "Rattlesnake"
1M-Set 17G



-  10,35 x 7,25
-  10,85 x 7,75 x 0,45 m
-  111,7 m²
-  13,35 x 10,24 m
-  0,90 m
-  EN 1176




Set "Kangaroo field"
1M-Set 24G



-  11,90 x 5,70 m
-  12,40 x 6,21 x 0,45 m
-  127,8 m²
-  14,90 x 8,70 m
-  0,90 m
-  EN 1176

Set "Course"
1M-Set 26G



-  4,90 x 0,84 m
-  5,41 x 1,35 x 0,45m
-  28,44 m²
-  7,90 x 3,84 m
-  0,90 m
-  EN 1176

Set "Square"
1M-Set 27G



- 2,20 x 2,20 m
- 2,71 x 2,71 x 0,45 m
- 25,12 m²
- 5,20 x 5,20 m
- 0,90 m
- EN 1176

Set "Rectangle"
1M-Set 28G



- 3,54 x 2,20 m
- 4,06 x 2,71 x 0,45 m
- 30,62 m²
- 6,55 x 5,20 m
- 0,90 m
- EN 1176

Set "Honeycomb"
1M-Set 29G



- 2,35 x 2,40 m
- 2,94 x 2,91 x 0,45 m
- 22,93 m²
- 5,34 x 5,34 m
- 0,90 m
- EN 1176

Set "Hexa"
1M-Set 30-4G



- 4,91 x 1,67 m
- 5,46 x 2,18 x 0,45 m
- 30,59 m²
- 7,87 x 4,67 m
- 0,90 m
- EN 1176

Set "Hexa"
1M-Set 31-6G



- 6,76 x 3,61 m
- 7,27 x 4,19 x 0,45 m
- 42,51 m²
- 9,90 x 6,61 m
- 0,90 m
- EN 1176

Set "Flower"
1M-Set 32G



- 3,65 x 3,86 m
- 4,20 x 4,36 x 0,45 m
- 36,11 m²
- 6,61 x 6,86 m
- 0,90 m
- EN 1176

Set "Circle"
1M-Set 33-1-4G



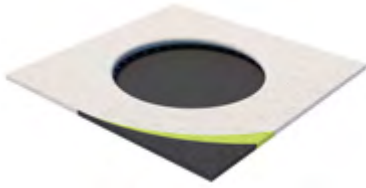
- 3,30 x 3,30 m
- 3,80 x 3,80 x 0,45 m
- 31,17 m²
- 6,30 x 6,30 m
- 0,90 m
- EN 1176

Set "Circle"
1M-Set 34-1-6G



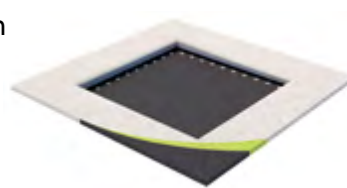
- 3,30 x 3,30 m
- 3,80 x 3,80 x 0,45 m
- 31,17 m²
- 6,30 x 6,30 m
- 0,90 m
- EN 1176

Small Square Crater Trampoline
1M-T80RSG



- Ø 0,84 m
- 1,35 x 1,35 x 0,45 m
- 11,30 m²
- Ø 3,80 m
- 0,90 m
- EN 1176

Mini Trampoline
1M-80SG



- 0,84 x 0,84 m
- 13,5 x 13,5 x 0,35 m
- 12,90 m²
- 3,85 x 3,85 m
- 0,90 m
- EN 1176

Small Crater Trampoline
1M-T80RG



- Ø 0,84 m
- Ø 1,49 m
- 11,60 m²
- Ø 3,84 m
- 0,90 m
- EN 1176

Crater Trampoline
1M-T100RG



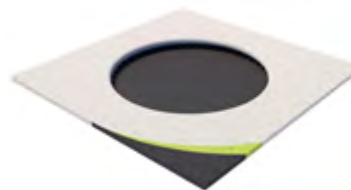
- Ø 1,04 m
- Ø 1,71 m
- 12,80 m²
- Ø 4,04 m
- 0,90 m
- EN 1176

Crater Trampoline
1M-T150RG



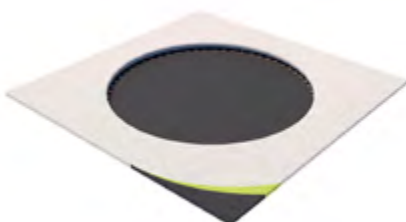
- Ø 1,57 m
- Ø 2,28 m
- 24,30 m²
- Ø 5,57 m
- 0,90 m
- EN 1176

Square Crater Trampoline
1M-T100RSG



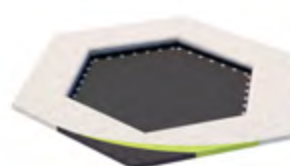
- Ø 1,00 m
- 1,55 x 1,55 x 0,45 m
- 12,60 m²
- Ø 4,01 m
- 0,90 m
- EN 1176

Square Crater Trampoline
1M-T150RSG



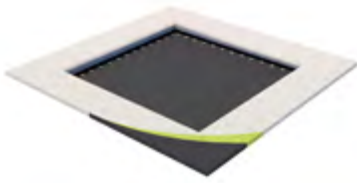
- Ø 1,50 m
- 2,18 x 2,18 x 0,45 m
- 27,30 m²
- Ø 5,56 m
- 0,90 m
- EN 1176




Hexagonal
1M-T100HG



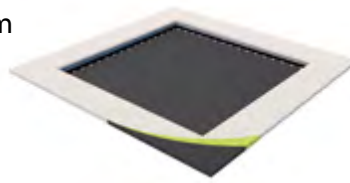
- 1,90 x 0,94 m
- Ø 4,09 m
- 14,40 m²
- 16,80 x 14,50 m
- 0,90 m
- EN 1176




Small Trampoline 1M-T100SG



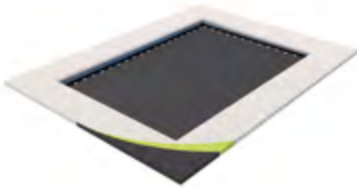
-  1,04 x 1,04 m
-  1,55 x 1,55 x 0,45 m
-  14,40 m²
-  4,04 x 4,04 m
-  0,90 m
-  EN 1176


Medium Trampoline 1M-T125SG



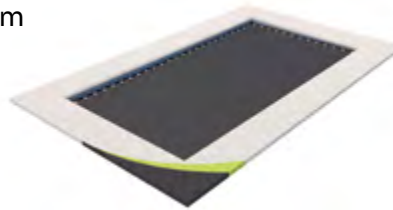
-  1,29 x 1,29 m
-  1,80 x 1,80 x 0,45 m
-  23,10 m²
-  5,29 x 5,29 m
-  0,90 m
-  EN 1176







Ractangle Mini Trampoline 1M-T100 x 150G



-  1,04 x 1,54 m
-  1,55 x 2,05 x 0,45 m
-  24,50 m²
-  5,54 x 5,05 m
-  0,90 m
-  EN 1176

Rectangle Small Trampoline 1M-T100 x 200G

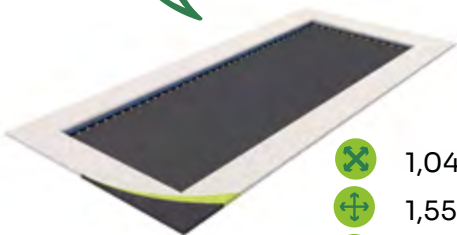


-  1,04 x 2,04 m
-  1,55 x 2,55 x 0,45 m
-  27,00 m²
-  6,05 x 5,05 m
-  0,90 m
-  EN 1176



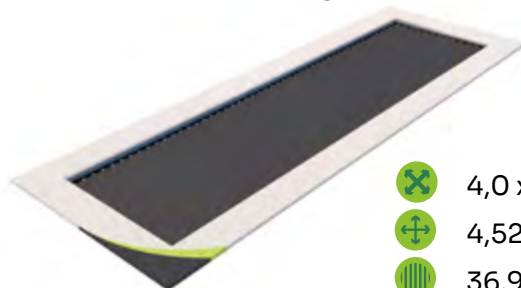
» *membrane mat*






Rectangle Medium Trampoline 1M-T100 x 300G



-  1,04 x 3,04 m
-  1,55 x 3,55 x 0,45 m
-  32,10 m²
-  7,04 x 5,05 m
-  0,90 m
-  EN 1176

Ractangle Long Trampoline 1M-T100 x 400G



-  4,0 x 1,04 m
-  4,52 x 1,55 x 0,45 m
-  36,90 m²
-  8,01 x 5,04 m
-  0,90 m
-  EN 1176

OUTDOOR FITNESS:









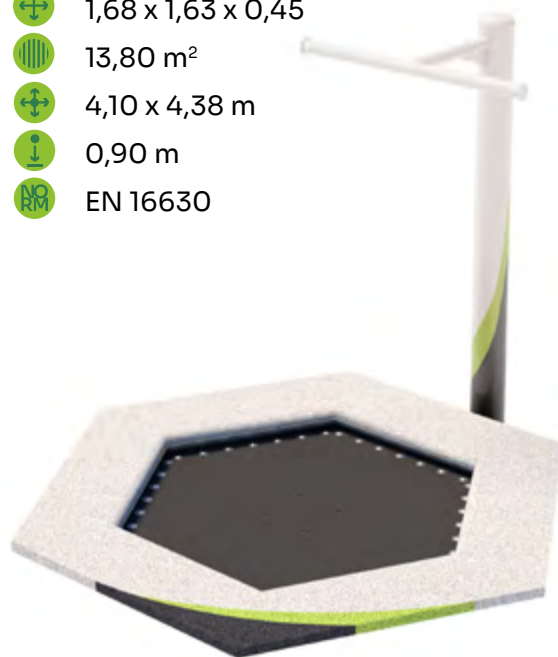
**Attention: Product
meets EN 16630
requirements**







**Fitness trampolines
– now also for the
outdoors**

Fitness Bounce Hexa 01
FBH_01

-  1,10 x 0,95 m
-  1,68 x 1,63 x 0,45
-  13,80 m²
-  4,10 x 4,38 m
-  0,90 m
-  EN 16630

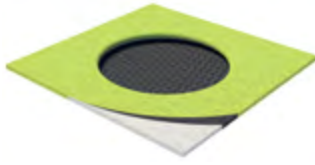


Fitness Bounce Hexa 02
FBH_02

-  1,10 x 0,95 m
-  1,68 x 1,45 x 0,45
-  19,46 m²
-  4,10 x 3,95 m
-  0,90 m
-  EN 16630

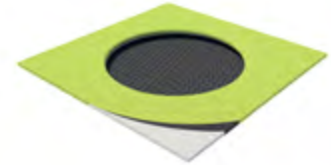


Small Square
Crater Trampoline
1M-T80RSV



⊗	Ø 0,84 m	⊕	Ø 3,80 m
⊕	1,35 x 1,35 x 0,45 m	↓	0,90 m
▨	11,30 m ²	Ⓝ	EN 1176

Square Crater
Trampoline
1M-T100RSV



⊗	Ø 1,00 m	⊕	Ø 4,01 m
⊕	1,55 x 1,55 x 0,45 m	↓	0,90 m
▨	12,60 m ²	Ⓝ	EN 1176

Small Crater
Trampoline
1M-T80RV

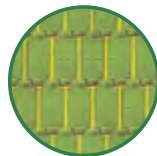


⊗	Ø 0,84 m	⊕	Ø 3,84 m
⊕	Ø 1,49 m	↓	0,90 m
▨	11,60 m ²	Ⓝ	EN 1176

Crater Trampoline
1M-T100RV

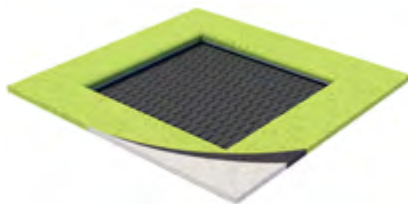


⊗	Ø 1,04 m	⊕	Ø 4,04 m
⊕	Ø 1,71 m	↓	0,90 m
▨	12,80 m ²	Ⓝ	EN 1176



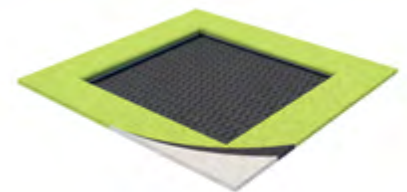
» *Wing lamelas*

Mini Trampoline
1M-T80SV



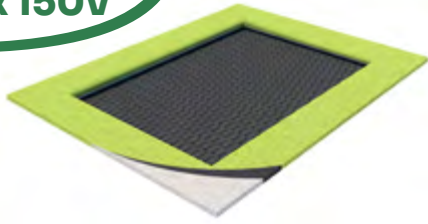
⊗	0,84 x 0,84 m	⊕	3,85 x 3,85 m
⊕	13,5 x 13,5 x 0,35 m	↓	0,90 m
▨	12,90 m ²	Ⓝ	EN 1176







Small Trampoline
1M-T100SV



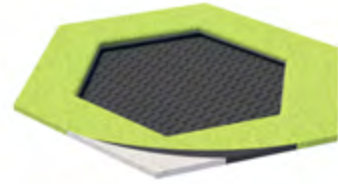
⊗	1,04 x 1,04 m	⊕	4,04 x 4,04 m
⊕	1,55 x 1,55 x 0,45 m	↓	0,90 m
▨	14,40 m ²	Ⓝ	EN 1176

Ractangle Mini Trampoline
1M-T100 x 150V



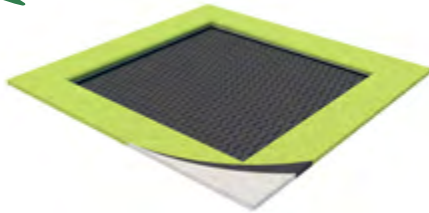
-  1,04 x 1,54 m
-  1,55 x 2,05 x 0,45 m
-  24,50 m²
-  5,54 x 5,05 m
-  0,90 m
-  EN 1176







Hexagonal
1M-T100HV



-  1,90 x 0,94 m
-  Ø 4,09 m
-  14,40 m²
-  16,80 x 14,50 m
-  0,90 m
-  EN 1176







Medium Trampoline
1M-T125SV

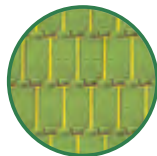


-  1,29 x 1,29 m
-  1,80 x 1,80 x 0,45 m
-  23,10 m²
-  5,29 x 5,29 m
-  0,90 m
-  EN 1176

Big Square Crater Trampoline
1M-T150RSV









-  Ø 1,50 m
-  2,18 x 2,18 x 0,45 m
-  27,30 m²
-  Ø 5,56 m
-  0,90 m
-  EN 1176



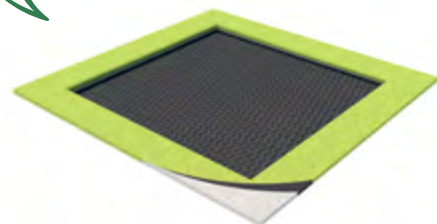
» *Wing lamelas*







Big Crater Trampoline
1M-T150RV



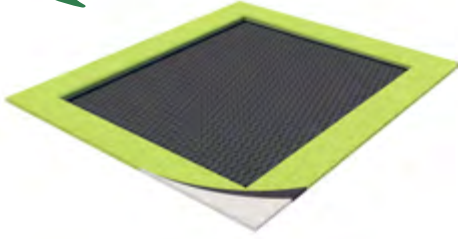
-  Ø 1,57 m
-  Ø 2,28 m
-  24,30 m²
-  Ø 5,57 m
-  0,90 m
-  EN 1176







Big Trampoline
1M-T150SV



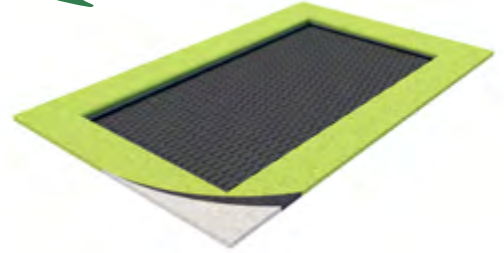
-  1,54 x 1,54 m
-  2,05 x 2,05 x 0,45 m
-  27,30 m²
-  5,54 x 5,54 m
-  0,90 m
-  EN 1176







Rectangle Trampoline
1M-T150 x 200V



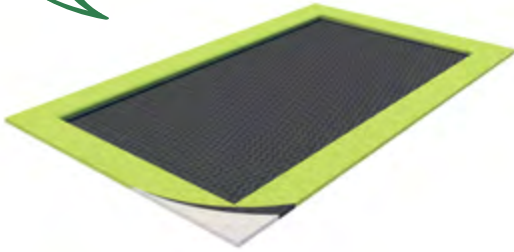
- | | |
|--|---|
|  1,04 x 1,54 m |  5,54 x 5,05 m |
|  1,55 x 2,05 x 0,45 m |  0,90 m |
|  24,50 m ² |  EN 1176 |







Rectangle Small Trampoline
1M-T100 x 200V



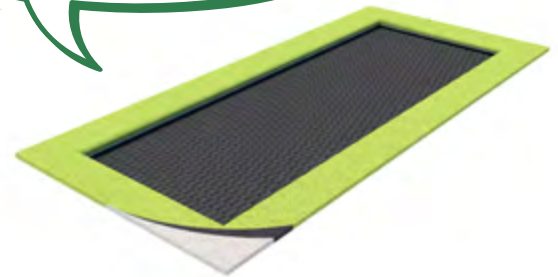
- | | |
|--|---|
|  1,04 x 2,04 m |  6,05 x 5,05 m |
|  1,55 x 2,55 x 0,45 m |  0,90 m |
|  27,00 m ² |  EN 1176 |







Rectangle Trampoline
1M-T150 x 300V



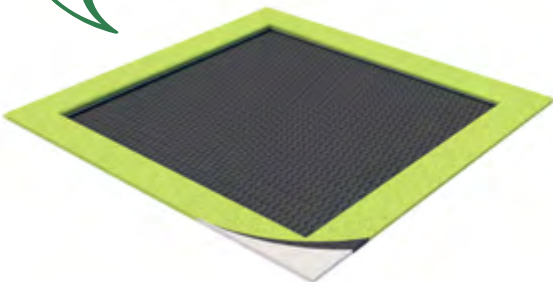
- | | |
|--|---|
|  2,05 x 1,55 m |  6,05 x 5,55 m |
|  2,55 x 2,05 x 0,45 m |  0,90 m |
|  30,17 m ² |  EN 1176 |







Rectangle
Medium Trampoline
1M-T100 x 300V



- | | |
|--|---|
|  1,04 x 3,04 m |  7,04 x 5,05 m |
|  1,55 x 3,55 x 0,45 m |  0,90 m |
|  32,10 m ² |  EN 1176 |







Huge Trampoline
1M-T200SV



- | | |
|--|---|
|  2,04 x 2,04 m |  6,04 x 6,04 m |
|  2,55 x 2,55 x 0,45 m |  0,90 m |
|  33,20 m ² |  EN 1176 |

Rectangle
Long Trampoline
1M-T100 x 400V



- | | |
|--|---|
|  4,0 x 1,04 m |  8,01 x 5,04 m |
|  4,52 x 1,55 x 0,45 m |  0,90 m |
|  36,90 m ² |  EN 1176 |

EPDM rubber colours:



red



rose



orange



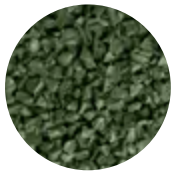
sand
yellow



yellow



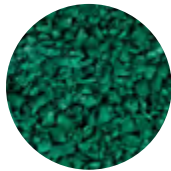
pale
green



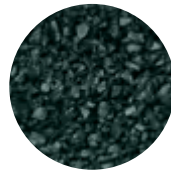
reseda
green



may
green



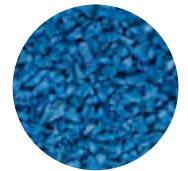
turquoise
green



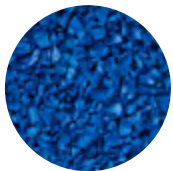
moss
green



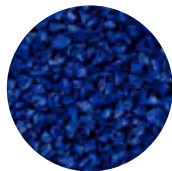
iron
green



light
blue



sky
blue



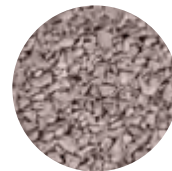
gentian
blue



heather
violet



blue
lilac



agate
grey



light
ivory



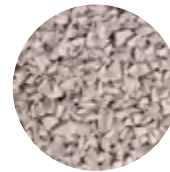
ivory



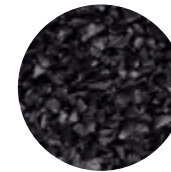
beige
brown



pale
brown



pure
white



black

Jumping mats colours:

V-bricks



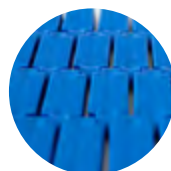
red



yellow



green



blue



grey



black

Standard bricks



red



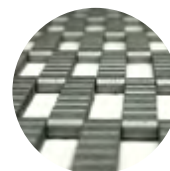
yellow



green



blue



silver

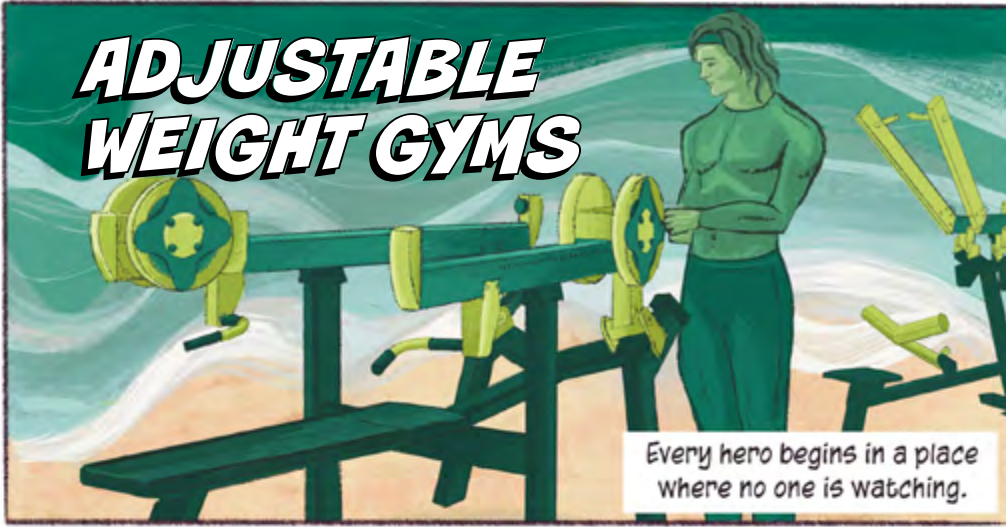


brown

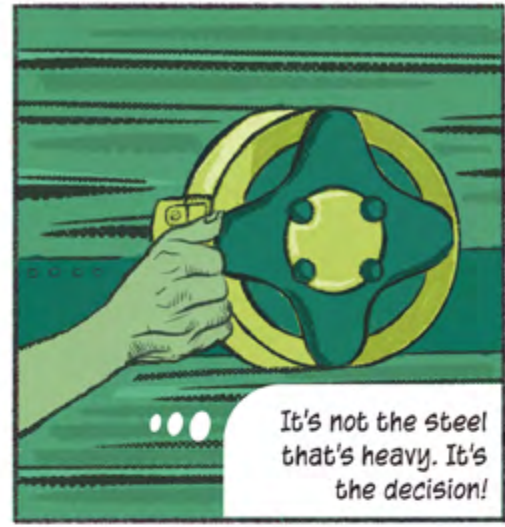


black

ADJUSTABLE WEIGHT GYMS



Every hero begins in a place where no one is watching.



It's not the steel that's heavy. It's the decision!



The work begins here. Rep by rep.



One Move!
That's all it takes to become a hero!



The First test is over. This one won't be easier.



From the impossible...
to a better view
of Sopot!

I knew, that you exist!

That's how heroes rise — one Move at a time!

Bench press – Unilateral
OFX-01



Lat Pulldown – Unilateral
OFX-02



Leg Press
OFX-03



Biceps Curl
Triceps Extension
OFX-04





Barbell Trainer
Multi Position
OFX-05

Shoulder Press
OFX-06



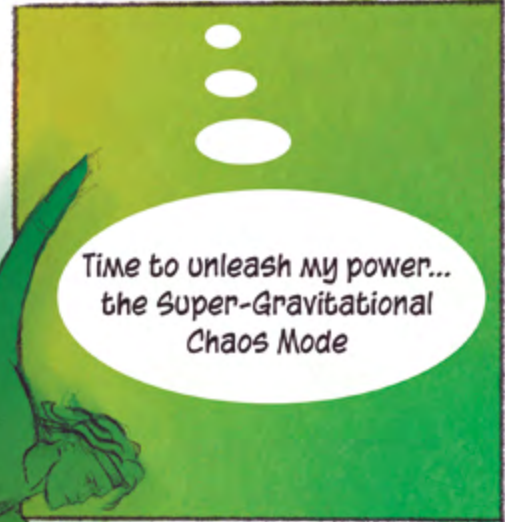
Lat Pull Down
OFX-07

PARKOUR AND FREERUNNING

Up? Down?
All the same,
just beyond
the borders!



HA HA HA HA



Time to unleash my power...
the Super-Gravitational
Chaos Mode



Whoosh



Great. Another black hole.
I told you — no Flipping
between dimensions!



Falling or Flying –
what's the difference
when up and down
switch names?

HA



Black hole... the perfect place
to lose your ego... and gravity!

Maybe it's a portal
to a new dimension
of consciousness

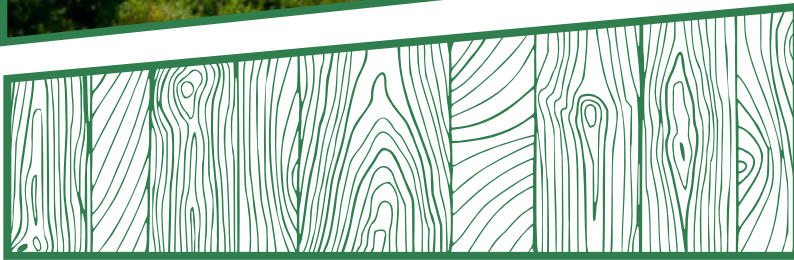
Yeah, sure! And I'm
Doctor Parkour from the
superconscious schools!

HELP!
HELP!



And tick— into
nothingness!

I guess, it wasn't
a part of the track?






**OUR NEW
STANDARD**

(W) – Everywhere you need aesthetics inspired by nature

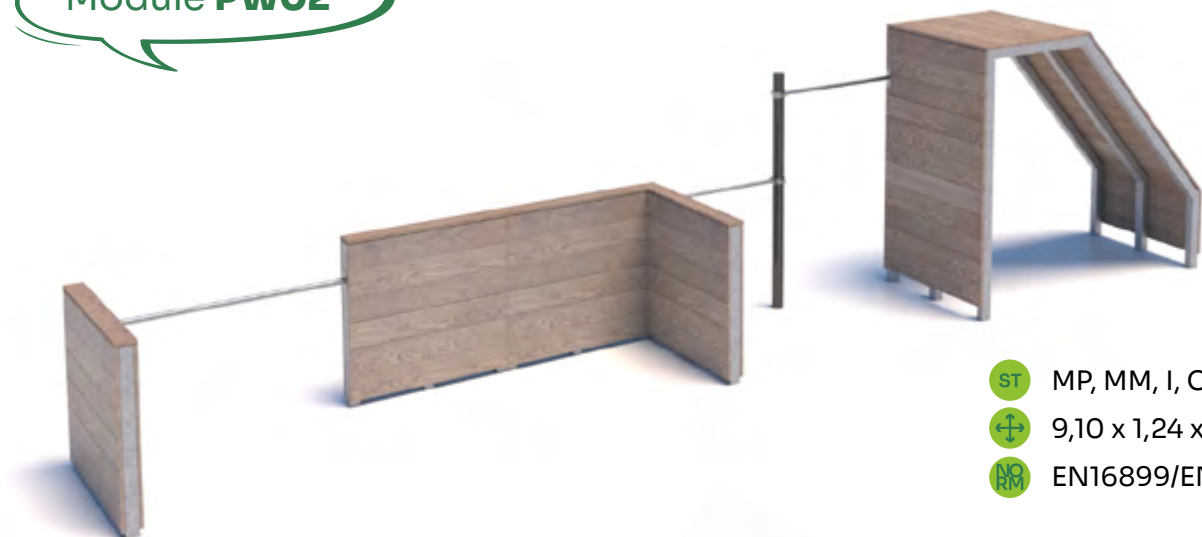
Walls made of galvanized steel profiles finished with wood combine the structural strength and durability of steel with the aesthetic appeal and warmth of wood.




Module **PW01**



-  MP, MM, I, C, W
-  8,97 x 1,22 x 2,20 m
-  EN16899/EN1176

Module **PW02**






-  MP, MM, I, C, W
-  9,10 x 1,24 x 2,19 m
-  EN16899/EN1176



Module **PW03**



-  MP, MM, I, C, W
-  9,16 x 0,42 x 0,48 m
-  EN16899/EN1176

Module **PW04**

- MP, MM, I, C, W
- 1,32 x 2,67 x 2,10 m
- EN16899/EN1176

Module **PW05**

- MP, MM, I, C, W
- 0,84 x 2,01 x 2,85 m
- EN16899/EN1176

Module **PW06**

- MP, MM, I, C, W
- 4,31 x 0,40 x 0,60 m
- EN16899/EN1176

Module **PW07**

- MP, MM, I, C, W
- 1,78 x 2,51 x 1 m
- EN16899/EN1176

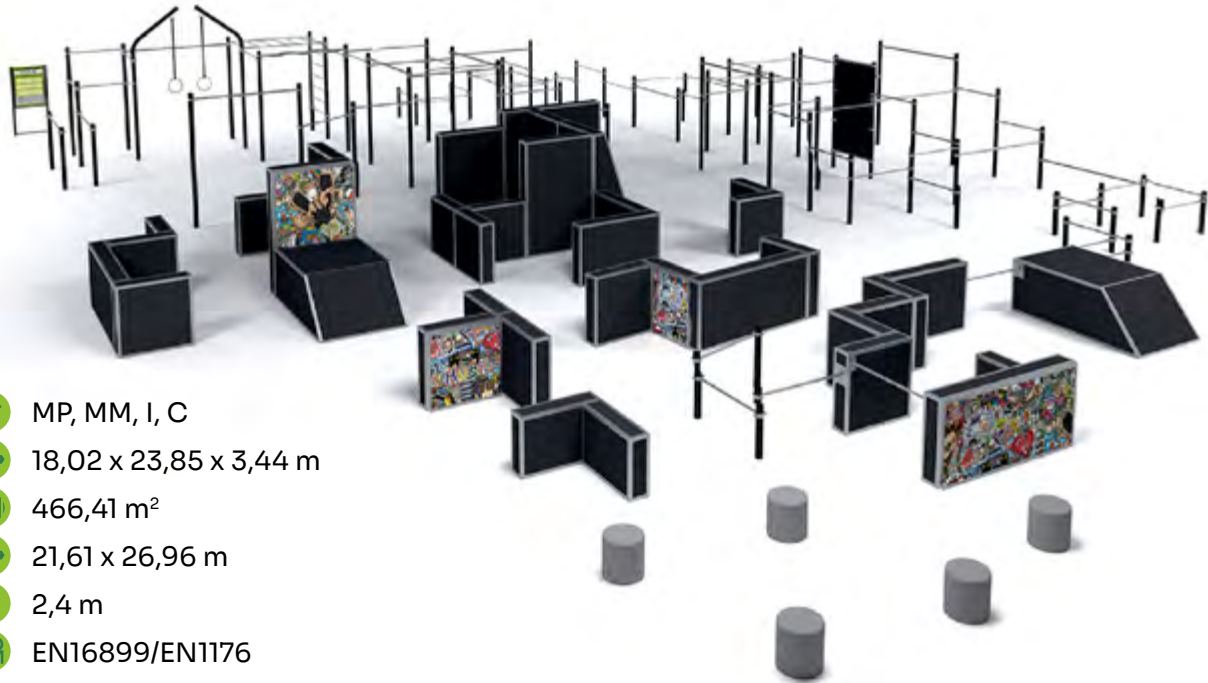
Module **PW08**







- MP, MM, I, C, W
- 8,13 x 2,32 x 3,30 m
- EN16899/EN1176

Module **PW09**

- MP, MM, I, C, W
- 6,08 x 2,31 x 3,30 m
- EN16899/EN1176







Urban Jungle Parkour Park
1M-P12









-  MP, MM, I, C
-  18,02 x 23,85 x 3,44 m
-  466,41 m²
-  21,61 x 26,96 m
-  2,4 m
-  EN16899/EN1176

Multi Style Parkour Set
1M-P11









-  MP, MM, I, C
-  17,93 x 8,18 x 3,44 m
-  217,43 m²
-  21,48 x 11,78 m
-  2,4 m
-  EN16899/EN1176

Modern Parkour Set 1M-P13

-  MP, MM, I, C
-  13,27 x 11,45 x 2,5 m
-  175,82 m²
-  16,80 x 14,72 m
-  2,4 m
-  EN16899/EN1176



K2 Parkour Set 1M-P10

-  MP, MM, I, C
-  6,30 x 11,09 x 2,00 m
-  115,20 m²
-  9,70 x 14.43 m
-  2,0 m
-  EN16899/EN1176



Cadet Parkour Set
1M-P09









- ST MP, MM, I, C
- 7,20 x 4,86 x 2,0 m
- 74,68 m²
- 10,20 x 7,82 m
- 2,0 m
- EN16899/EN1176

Adept Parkour Set
1M-P08









- ST EI MP, MM, I, C
- 12,48 x 8,25 x 2,4 m
- 124,77 m²
- 15,48 x 11,25 m
- 2,0 m
- EN16899/EN1176

Runner Parkour Set 1M-P07

-  MP, MM, I, C
-  1,50 x 17,99 x 2,0 m
-  96,13 m²
-  4,97 x 21,32 m
-  2,0 m
-  EN16899/EN1176

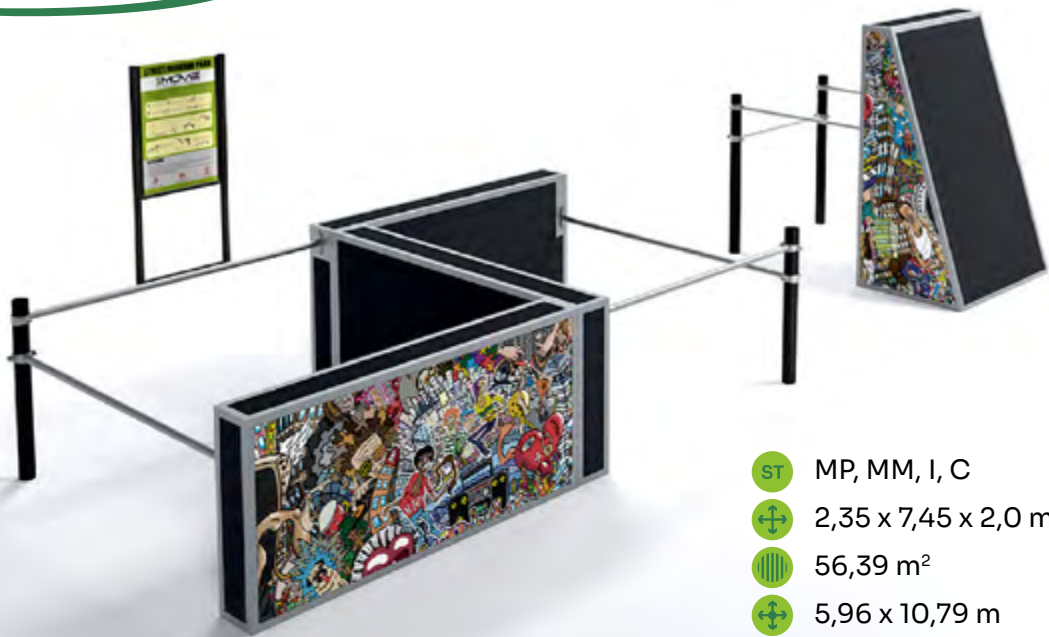








Start Plus Parkour Set 1M-P06

-  MP, MM, I, C
-  5,07 x 5,50 x 2,0 m
-  63,91 m²
-  8,41 x 8,50 m
-  2,0 m
-  EN16899/EN1176









Mini Parkour Set
1M-P04



-  MP, MM, I, C
-  2,35 x 7,45 x 2,0 m
-  56,39 m²
-  5,96 x 10,79 m
-  2,0 m
-  EN16899/EN1176

Start Parkour Set
1M-P05



-  MP, MM, I, C
-  5,07 x 5,50 x 2,0 m
-  60,24 m²
-  8,41 x 8,50 m
-  2,0 m
-  EN16899/EN1176

Parkour Plus Wall
1M-P02



- ST EI MP, MM, I, C
- 1,36 x 3,04 x 1,50 m
- 22,31 m²
- 4,36 x 6,04 m
- 1,5 m
- EN16899/EN1176

Small Zigzag Parkour Wall
1M-P03

- ST MP, MM, I, C
- 2,88 x 3,04 x 1,50 m
- 28,70 m²
- 5,88 x 6,04 m
- 1,5 m
- EN16899/EN1176



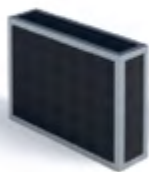
Parkour Wall
1M-P01



- ST MP, MM, I, C
- 1,30 x 1,75 x 1,50 m
- 15,8 m²
- 4,30 x 4,75 m
- 1,5 m
- EN16899/EN1176

SINGLE OBSTACLES:

Single wall "G"
P-G



- ST MP, MM, I, C
- 0,25 x 1,0 x 0,7 m
- EN16899/EN1176




Single wall "F"
P-F



- ST MP, MM, I, C
- 0,25 x 1,0 x 1,0 m
- EN16899/EN1176




Single wall "B"
P-B



-  MP, MM, I, C
-  0,25 x 1,3 x 1,3 m
-  EN16899/EN1176




Single wall "H"
P-H



-  MP, MM, I, C
-  0,25 x 2,1 x 2,0 m
-  EN16899/EN1176




Single wall "D"
P-D



-  MP, MM, I, C
-  0,25 x 2,1 x 1,0 m
-  EN16899/EN1176




Single wall "A"
P-A



-  MP, MM, I, C
-  0,25 x 1,5 x 1,0 m
-  EN16899/EN1176




Single wall "E"
P-E



-  MP, MM, I, C
-  0,25-0,9 x 1,3 x 2,0 m
-  EN16899/EN1176




Single wall "C"
P-C



-  MP, MM, I, C
-  0,25 x 1,5 x 1,5 m
-  EN16899/EN1176




Single wall "L"
P-L



-  MP, MM, I, C
-  0,63 x 1,5 x 2,0 m
-  EN16899/EN1176




Module M1
P-M1



-  MP, MM, I, C
-  3,24 x 4,12 x 2,5 m
-  EN16899/EN1176




Module M-2
P-M2



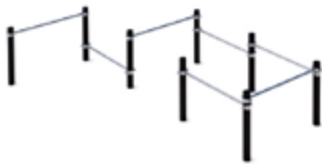
-  MP, MM, I, C
-  6,2 x 1,0 x 3,0
-  EN16899/EN1176




Module M3
P-M3



-  MP, MM, I, C
-  2,0 x 0,3 x 5,6 m
-  EN16899/EN1176




Module M-4
P-M4



-  MP, MM, I, C
-  3,7 x 2,5 x 0,8 m
-  EN16899/EN1176




High rubber cylinders
P-M5



-  MP, MM, I, C
-  0,4 x 0,4 x 0,4 m
-  EN16899/EN1176




Low rubber cylinders
P-M6



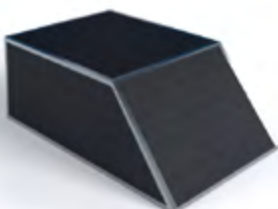
-  MP, MM, I, C
-  0,4 x 0,4 x 0,2 m
-  EN16899/EN1176




Single wall "X"
P-M7



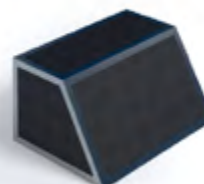
-  MP, MM, I, C
-  2,4 x 2,1 x 2,26 m
-  EN16899/EN1176




Single wall "Y"
P-M8



-  MP, MM, I, C
-  1,56-2,2 x 1,3 x 0,8 m
-  EN16899/EN1176

Single wall "Z"
P-M9

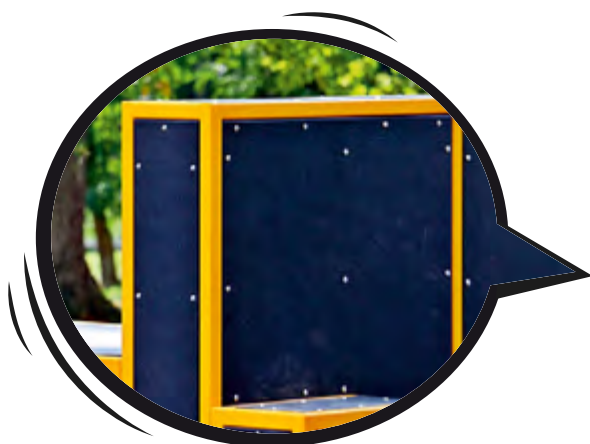
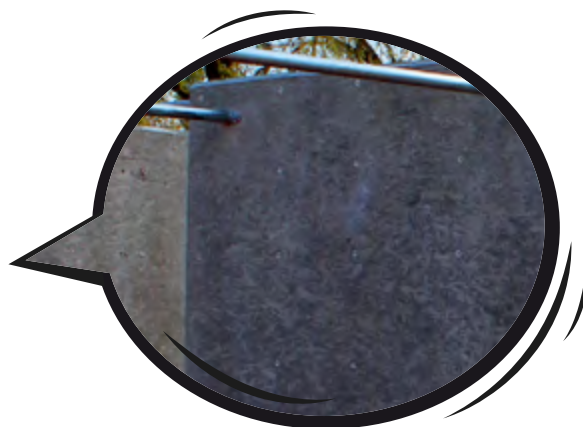


-  MP, MM, I, C
-  0,4-0,7 x 0,5 x 1,0
-  EN16899/EN1176

OUR SOLUTIONS

Concrete and galvanized steel obstacles

Prefabricated, ready-to-dig obstacles are made of reinforced concrete C25 / 30 or built by us from scratch at the investment place. The walls have a special, non-slip "OSB board" texture, which is the standard of this type of solutions for the needs of the parkour. The advantage of this type of obstacles is their water resistance and durability for years.

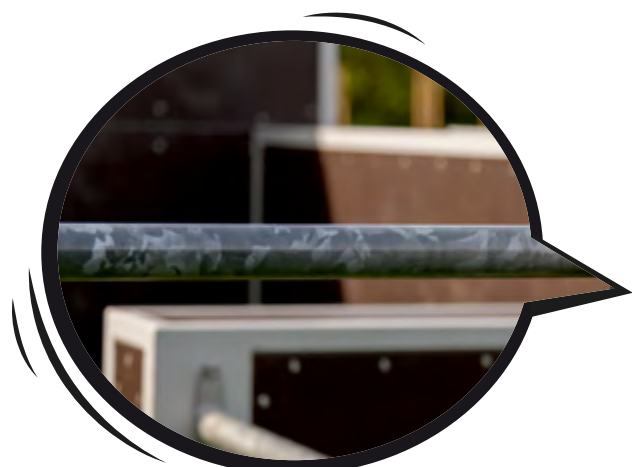


Plywood or HPL material walls

A lightweight solution that allows easy modification and installation. It is perfect where there is no possibility of heavy equipment entering. Ready to lay foundations, prefabricated walls are relatively cheap to transport. By using the right choice of colors, we can create interesting visual solutions.

Low obstacles

Low obstacles from the proprietary, specially developed for the needs of parkour spaces, EPDM compound is a flexible solution with wide possibilities of individualisation in terms of size, shape and color. They perfectly diversify any investment.



Hot dip galvanized or stainless steel bars

As standard, the bars are protected against corrosion with hot-dip galvanization, which eliminates the problem of paint peeling when used frequently. Where necessary due to a warm and humid climate, we use stainless steel.

STREET WORKOUT

Hey, seriously...
is this still training
or a new Avenger?!

Okay, who turned off
normal mode and threw
hero mode?????????

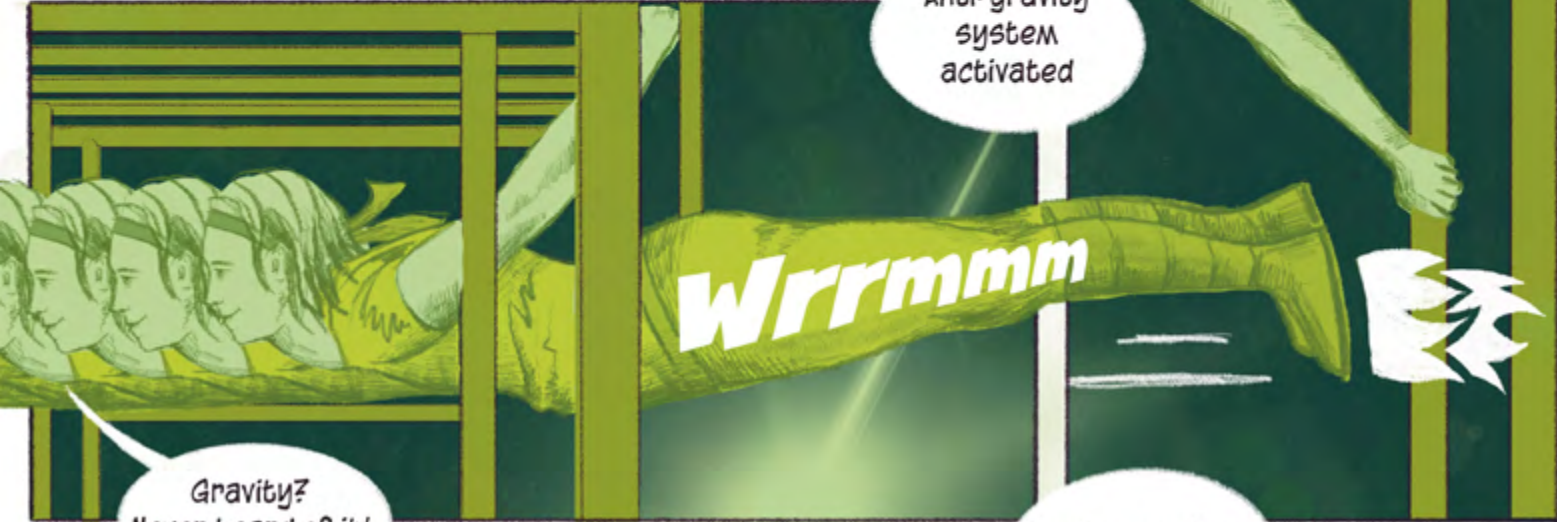
Let me know when
Marvel hires you - I'll come
to the casting for
the sidekick!



SWOOOSH!



Anti-gravity system activated



Wrrmmm

Gravity?
Never heard of it!

Houston, we have a departure!



SSSSSSSS

Snake snakes,
level: boss fight!

Street workout equipment is a response to the growing need for places for outdoor physical activity. Public and free, they are especially popular among young people, but can be used by people of all ages.

Thanks to their specific design, they ensure comprehensive physical development without restricting the freedom of movement. Modular street workout solutions allow for optimal equipment, adapted to the environmental conditions and users' needs.

Therefore, we encourage people to be more active and use calisthenics equipment.

Performance standard:



MP Powder-coated, zinc primer posts, hot-dip galvanized (without painting) bars and exercises elements, non-slip waterproof plywood/HPL, SBR/EPDM cylinders.

I Inox stainless steel structure, non-slip and waterproof plywood/HPL plates, SBR/EPDM cylinders.

MM Posts made of premium steel painted with hammer paint.

More than ready-made sets, we adapt each project to individual needs.

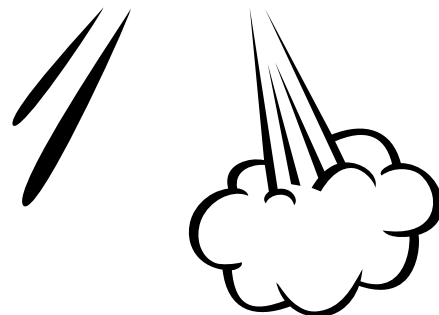
Ergonomic solutions based on the experiences of athletes and users.

Expandable without the need for mechanical intervention, lower maintenance costs after the warranty expires.

Multifunctional activity zones for children, teenagers, adults and seniors.

The safety of the youngest is confirmed by compliance with the standard for playgrounds.








The bars without the problem of flaking paint are an aesthetic look for years.



Tarzan Street Workout Set
1M-SW07








GO!



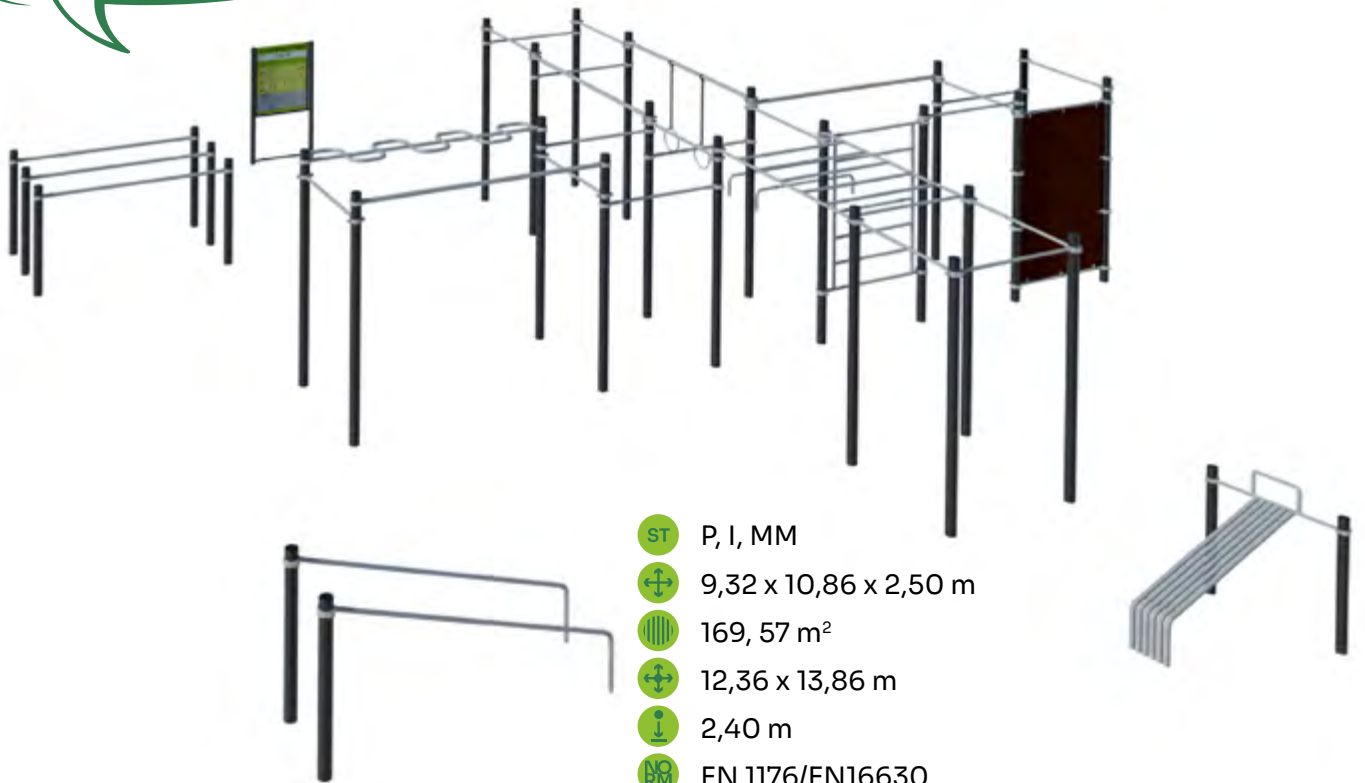
-  P, I, MM
-  11,08 x 6,02 x 3,44 m
-  123,94 m²
-  9,62 x 14,58 m
-  2,40 m
-  EN 1176/EN16630
-  1-13

Tarzan Plus Street Workout Set
1M-SW04



-  P, I, MM
-  3,16 x 6,51 x 2,50 m
-  57,33 m²
-  6,76 x 10,11 m
-  2,40 m
-  EN 1176/EN16630
-  1-8

Individual Set
1M-SW09



- P, I, MM
- 9,32 x 10,86 x 2,50 m
- 169,57 m²
- 12,36 x 13,86 m
- 2,40 m
- EN 1176/EN16630
- 1 - 13

Monkey 1 Street Workout Set
1M-SW05








AAAH!!



- P, I, MM
- 4,96 x 3,51 x 3,44 m
- 66,96 m²
- 9,16 x 7,71 m
- 2,40 m
- EN 1176/EN16630
- 1 - 10



Slim Street Workout Set
1M-SW08



-  P, I, MM
-  3,77 x 17,78 x 3,44 m
-  138,27 m²
-  7,37 x 21,38 m
-  2,40 m
-  EN 1176/EN16630
-  1-13

WAAHH!






Street Workout Tower
1M-SW01

-  P, I, MM
-  1,36 x 1,36 x 2,50 m
-  27,13 m²
-  5,56 x 5,56 m
-  2,40 m
-  EN 1176/EN16630
-  1-2










Street Workout Mini
1M-SW02



-  P, I, MM
-  1,36 x 2,85 x 2,50 m
-  30,55 m²
-  5,56 x 6,45 m
-  2,40 m
-  EN 1176/EN16630
-  1-4

Monkey 2 Street Workout Set 1M-SW06



-  P, I, MM
-  5,11 x 4,31 x 3,44 m
-  69,41 m²
-  9,31 x 8,41 m
-  2,40 m
-  EN 1176/EN16630
-  1-9

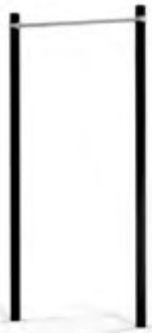
Start Street Workout Set 1M-SW03








WHOOSH



-  P, I, MM
-  3,16 x 6,51 x 2,50 m
-  57,33 m²
-  6,76 x 10,11 m
-  2,40 m
-  EN 1176/EN16630
-  1-7








High Bars 1M-1.03



-  P, I, MM
-  1,2 x 0,1 x 2,5 m
-  15,8 m²
-  4,58 x 3,88 m
-  2,4 m
-  EN1176 / EN16630
-  1








Viper Bar 1M-1.14



-  P, I, MM
-  2,0 x 0,1 x 2,5 m
-  29,0 m²
-  4,8 x 6,7 m
-  2,4 m
-  EN1176 / EN16630
-  1


Wall 1M-1.13



-  P, I, MM
-  1,3 x 0,1 x 2,5 m
-  24 m²
-  4,3 x 5,5 m
-  2,4 m
-  EN1176 / EN16630
-  1








Tower 1M-1.01



-  P, I, MM
-  1,2 x 1,2 x 2,5 m
-  28,0 m²
-  5,5 x 5,5 m
-  2,4 m
-  EN1176 / EN16630
-  1



Vertical ladder 1M-1.07



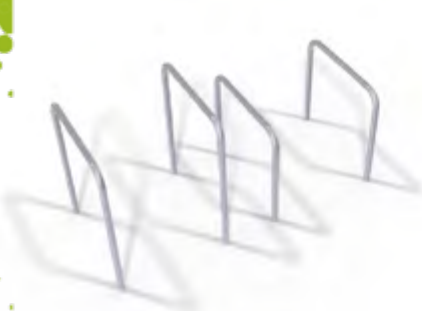
-  P, I, MM
-  1,3 x 0,1 x 2,5 m
-  24 m²
-  4,5 x 5,5 m
-  2,4 m
-  EN1176 / EN16630
-  1








Horizontal Ladder 1M-1.06



-  P, I, MM
-  1,3 x 2,09 x 2,5 m
-  32,0 m²
-  6,3 x 5,5 m
-  2,4 m
-  EN1176 / EN16630
-  1







Low Handlebars 1M-1.02



-  P, I, MM
-  1,5 x 0,6 x 0,8 m
-  16 m²
-  3,6 x 4,5 m
-  0,6 m
-  EN1176 / EN16630
-  1 - 2








Low Straight Parallel Bars 1M-1.41



-  P, I, MM
-  2,4 x 0,64 x 0,3 m
-  16,4 m²
-  3,64 x 5,04 m
-  0,30 m
-  EN1176 / EN16630
-  1








Inclined Handlebars 1M-1.12



-  P, I, MM
-  2,06 x 0,7 x 1,6 m
-  17 m²
-  3,7 x 5,06 m
-  1,1 m
-  EN1176 / EN16630
-  1








Straight Parallel Bars 1M-1.05



-  P, I, MM
-  1,5 x 0,6 x 1,3 m
-  17,00 m²
-  3,78 x 4,60 m
-  1,2 m
-  EN1176 / EN16630
-  1








Triple Low Bars 1M-1.04



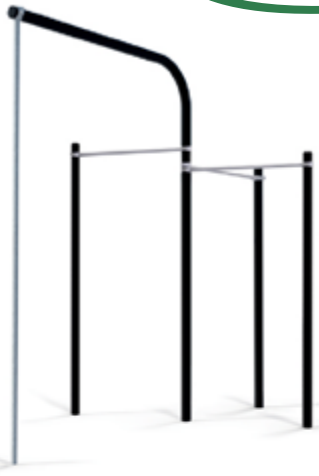
-  P, I, MM
-  2,38 x 1,13 x 1,30 m
-  20,43 m²
-  5,38 x 4,13 m
-  0,64 m
-  EN1176 / EN16630
-  1 - 3

Inclined Bars 1M-1.11



-  P, I, MM
-  2,38 x 1,13 x 1,30 m
-  20,43 m²
-  5,38 x 4,13 m
-  0,64 m
-  EN1176 / EN16630
-  1

Pole dance
1M-1.19



- P, I, MM
- 3,7 x 2,4 x 2,4 m
- 24,49 m²
- 5,76 x 6,57 m
- 3,25 m
- EN1176 / EN16630
- 1-2

Climbing Rope
1M-1.09



- P, I, MM
- 2,29 x 2,51 x 3,34 m
- 21,70 m²
- 5,76 x 5,51 m
- 2,20 m
- EN1176 / EN16630
- 1-2

Battle Rope
1M-1.25



- P, I, MM
- 6,0 x 0,5 x 1,30 m
- 29,6 m²
- 9,0 x 3,5 m
- 0,0 m
- EN1176 / EN16630
- 1

Gymnastic Rings
1M-1.08 S



- P, I, MM
- 4,8 x 1,2 x 3,2 m
- 28,15 m²
- 6,30 x 3,50 m
- 3,20 m
- EN1176 / EN16630
- 1-3



1MOVE
STREET WORKOUT & PARKOUR

1MOVE

Poland
Gdańsk 80-174,
Morelowa 5/30 St.

web: www.1move.pl
e-mail: 1@1move.pl

Contact:

English / Polish:
+48 790 388 558
+48 536 253 752

German / Polish:
+48 733 221 221